

## Doula Service Offers New Approach To End Of Life Care

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Your End of Life Doula, an aging life care planner service in Guilford, CT, has set itself the mission to allow people to manage the way they die. The business has recently been created in an attempt to help people manage death in their own way, in their own homes, and out of the hospital. Patti Urban, founder of Your End of Life Doula, has partnered with Suzanne O'Brien to offer these services for the new specialized area of non medical health care for the elderly. Details about their unique service are available at http://www.yourendoflifedoula.com/.

Patti Urban herself says: "One of the things I want to do is talk with people earlier than right before the end of their life. I'd like to let our young people with terminal illnesses, as well as our elderly, know that there is a substantial benefit to doula care in regards to making their own decisions for their care in the form of advance directives and preparations for their final days. I want them to feel in charge of what happens to them. The doula works in conjunction with hospice; it's a matter of providing total care of what a person needs when in the last phase of their life."

Suzanne B. O'Brien, meanwhile, is the founder of Doulagivers. She has recently been awarded Worldwide

Leader In Healthcare by the International Nurses Association. Her organization offers three levels of training and services to help support both patients and families in the final precious phase of life. She aims to train people to become end of life consultants, using the philosophy behind doula services. Doulas have traditionally been used to support the emotional well-being of pregnant mothers, but O'Brien and Urban are paving the way for end of life care as well, which requires equal amounts of emotional support, both for those approaching their end of life and those caring for them.

Those who have worked with Your End of Life Doula have been very happy with the services. "Dealing with a loved one's end of life effects the entire family," says Dawn on https://www.facebook.com/YourEndofLifeDoula/. "Do what's best for all of you and consider an End of Life Doula. The staff is highly trained to compassionately guide you and your loved one through this most delicate transition."

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For more information about Your End of Life Doula, contact the company here: Your End of Life DoulaPatti M. Urban2034682981doulapatti@comcast.net722 Village WalkGuilford, CT 06437

## Your End of Life Doula

Your End of Life Doula is an aging life care planning agency that helps our clients make empowering end-of-life choices so you can live your life in peace, knowing all is in order. We help you take charge of your life and live it in the best way possible.

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