



Hydrofeet Gold for Golden Feet

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Hydrofeet®, a company that manufactures and sells massaging insoles, recently launched a new variant of shoe insoles specifically made for high heels - Hydrofeet Gold.

Hydrofeet® for men and women, and Hydrofeet Kids are shoe insoles made of liquid glycerin and thermoplastic polyurethane (TPU) that provides reflexology-like foot massage as the users walk or run. These are reportedly the only shoe insoles that help common foot problems, aside from providing comfort and relief from sore, tired feet.

A lot of Hydrofeet® repeat customers use the insoles in their high heels, trimming the toe part to fit the different forms and kinds of this footwear. Hydrofeet Gold is the result of a research conducted by the Hydrofeet team on the effects of wearing high heels not only on the feet, but also on the different parts of the body, such as hips, back, and shoulders.

Aside from the vegetable-based glycerin and TPU, Hydrofeet Gold is also made of memory foam for better arch support. It also does not have a toe part to make sure they fit all kinds of high-heeled footwear.

According to studies, wearing high heels has negative effects on women. To mention a few, it causes strain

on the calves, displaces the center of gravity of the body, and misaligns the bones responsible for proper posture. Wearing high heels for long periods also causes sore, tired feet at the end of the day.

Based on the research conducted by The Spine Health Institute, 72% of women have worn high heels mainly for special occasions and for work. This woman maintains misaligned vertebrae as they wear and walk on high heels. Daily high heel use for a number of years can actually lead to changes on your anatomy, according to the institute.

The development of Hydrofeet Gold was aimed at helping women maintain good posture, balance, and gait while on high heels. These insoles were made to help minimize the negative effects of wearing high-heeled footwear. The company is hopeful that this goal will be realized as the product was launched.

Midwest Health Solutions is an authorized seller of Hydrofeet Gold and Hydrofeet® shoe insoles for women, men children, which can be purchased on Amazon.

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Hydrofeet®

Hydrofeet® is a subsidiary of Merchant Business Systems, Inc., a Wyoming corporation founded in 2004 that focuses on providing therapeutic insoles to alleviate customers' sore feet and relieve them from the pain brought about by common foot problems.

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