



CDI Publications Offers New Recipe Book Release 101 Delicious, Wheat-Free Diet Recipes

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September 23, 2016; Boynton Beach, FL: CDI Publications, one of the most respected members of the digital publishing industry, proudly announces the release of a new recipe eBook by author Ann Sullivan titled 101 Delicious, Wheat-Free Diet Recipes. As part of the publishing company's continuous efforts to reduce the carbon footprint and environmental impact associated with physical print publications, this recipe rich resource will only be available through the Amazon Kindle store.

"Shortly after releasing my last recipe book I had an influx of requests in my email box from readers who were interested in finding wheat free recipes," states Ann Sullivan, author of 101 Delicious, Wheat-Free Diet Recipes, as well as several other recipe and essential oil eBooks. "Since I have family members who have allergies to wheat and gluten, I felt obligated to share as many of those recipes with others as I could. These recipes are the ones that my family enjoys the most, so I am sure readers will find them just as enjoyable."

This online recipe book has been designed with flip page style formatting to bring physical print familiarity to the digital platform. This easy to follow, step by step guide, takes all of the guesswork out of the equation; creating these recipes is a simple endeavor for anybody who knows their way around a kitchen. By providing

ingredients and directions in an easily instructive format, the author has ensured that readers are successful during the preparation phase. Veteran and apprentice bakers will appreciate the easy to understand instructions, as well as the finished product.

Wheat was once a staple of the American diet, explains Sullivan. However, recent events have caused several people to exhibit allergic reactions to the consumption of wheat products and gluten in particular. Food allergies are not to be taken lightly as they can be fatal if left undiscovered and unattended. My goal with this recipe book was to provide delicious wheat free recipes that food allergy sufferers would appreciate, and I am confident this recipe book delivers just that.

As a respected member and reputable leader of the digital publishing industry, CDI Publications continues to set the example by which all other publishing companies are compared. The company's recent announcement to implement more eco-friendly avenues for distributing information, can be seen in the digital only offerings they have made available. Being able to provide digital publishing services to new and existing clients is an excellent addition to their strategy and mission statement.

CDI Publications

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Survivalist Magazine

Survivalist magazine is the premiere publication of the survival and preparedness community. It's resources include printed magazine, online membership(Survivalist.com), digital survival guides, podcasts, webinars and more.

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The logo for Survivalist Magazine features the word "Survivalist" in a bold, sans-serif font. The letters are primarily black with a yellow-to-orange gradient shadow or outline, giving it a three-dimensional appearance. The background of the logo is a dark, textured surface with vertical lines, suggesting a forest or a rugged terrain.

