

Guided Meditation Tools Based On The Honeymoon Effect Released

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Bruce H. Lipton, Ph. D., scientist and bestselling author of the book "The Honeymoon Effect: The Science of Creating Heaven on Earth" has teamed up with two friends - an Italian composer and musician and a German speaker and coach - to create a special combination of instruments to transform human relationships and "create heaven on earth". German speaker, coach and trainer Detlev Tesch has contributed a guided meditation that was created to facilitate the releasing of negative, self-sabotaging beliefs and acquire life enhancing behaviors instead.

Tesch Coaching & Training, which is based in Bonn, Germany, is proud to announce that the guided meditation and other contributions based on The Honeymoon Effect are now available on at <http://www.kurz.ws/HoneymoonBundle>.

Detlev Tesch, owner and founder of Tesch Coaching & Training, says: "Inspired by the wonderful Honeymoon Effect book, I created this meditation specifically to be used to allow brain activity to be in the relaxed theta range. A theta-inducing guided relaxation exercise is included so the meditation can be used at any time. The wording and affirmations in this meditation have been formulated to help your mind release old sabotaging beliefs and replace them with new life enhancing behaviors."

The bundle includes The Honeymoon Effect DVD, filmed live in Auckland, New Zealand; a signed hardback copy of 'The Honeymoon Effect: The Science of Creating Heaven on Earth'; Emiliano Toso's CD, 'Translational Music: Listen to your cells feeling emotions'; and Detlev Tesch's 'The Honeymoon Effect Mediation CD'. Put together, these resources enable people to keep their mind in the "honeymoon period", where everything is nice. It helps them to avoid negative subconscious thoughts, such as worries about paying bills and doing chores.

Those who have used the program have been incredibly pleased about how it has transformed their lives for the better. "Bruce Lipton has written the single best book on love - both personal and planetary - that I've ever read. And I've read a lot of them. I know Bruce and his beloved Margaret up close and personal. Their

relationship is joyful, nurturing, creative, and contagious. They live in Heaven on Earth and so can you. Bruce uses the principles of the New Science he champions to enlighten, explain, and encourage us all to embody the love that we've always wanted."

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Tesch Coaching & Training

Detlev Tesch, owner of Tesch Coaching & Training, is an international speaker, coach, and trainer. He also works on stage with English speaking teachers as an interpreter for the German language.

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