



New Options for Treating Sensitive Teeth

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Haymarket, Virginia, July 9, 2017 - Many patients visit their Haymarket dentist complaining of sensitive teeth. This painful condition can make simple tasks like brushing one's teeth, eating, flossing, drinking, and even breathing cold air painful. Fortunately the condition can be treated.

The first step in addressing the problem of sensitive teeth is scheduling an appointment with a dentist in Haymarket, VA. While sensitive teeth is a common ailment, it could be symptomatic of a greater problem and the dentist can figure out the cause of sensitivity.

The dentist might recommend using desensitizing toothpaste that is formulated to soothe nerve endings found in the tooth, thereby reducing pain. Another option is a bonding treatment which is the process of attaching tooth-colored tooth restorations. These restorations cover the dentin in order to protect sensitive parts of the tooth.

Whitening the teeth can cause teeth sensitivity, if one's teeth are becoming sensitive during the whitening process, it is suggested look into using a lower concentration of the whitening product and reducing the time that the product is in contact with your teeth. Even when using over the counter whitening products one must be sure to consult with a dentist before beginning.

Proper brushing and flossing keeps the teeth healthy, but one must be careful to avoid over-brushing. Aggressive brushing can damage the enamel and cause sensitive teeth.

If it's time to learn more about treating sensitive teeth or to schedule an appointment with a dentist in Haymarket, call Lifetime Smiles at (571)248-0700.

About Lifetime Smiles

Dr. Sina Reangber is recognized as one of the top dentists in Northern Virginia. She graduated with honors from Virginia Commonwealth University before obtaining her doctoral degree in dentistry from Howard University. In addition to providing impeccable dental services to her patients, she has been featured on the television show TOP Doctors ? A NEW ME Medical Interviews.

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Lifetime Smiles

Nothing beats a beautiful smile, and that's why our team at Lifetime Smiles never wavers on its role of ensuring that you receive personalized services in a welcoming environment.

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