



Vicks Vaporub Can Effectively Treat Toenail Infection, New Study Shows

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Perfect Nail Solution in Irwindale, California has recently released information regarding the effectiveness of Vicks Vaporub as a form of treatment for toenail fungus.

There are a number of prescription drugs and over the counter remedies that can help treat fungal infections but most oral treatments and medicines end up having a 10% effectiveness rate. Vicks Vaporub as a form of topical treatment is often discussed in web forum but new studies have shown that its effectiveness can be scientifically proven.

According to Allen Chong, a spokesperson at Perfect Nail Solutions, "Over the counter medicines are not just ineffective and expensive but can also lead to a host of unpleasant side effects that are ultimately not worth the risk of treating nail infections. Vicks Vaporub happens to be a cheap alternative to medicine which is equally effective in treating the condition."

In a study published by the American Board of Family Medicine, the efficacy of Vicks Vaporub in treating toenail onychomycosis was tested. Eighteen participants were recruited to use Vicks VapoRub as a treatment

for onychomycosis. The participant's progress was followed at intervals of 4, 8, 12, 24, 36, and 48 weeks with the progress being recorded via digital photographs. The effectiveness of the treatment was judged in two ways - primarily as per the quantifiable change and improvement in the affected area due to the application of Vicks Vaporub and secondarily by the patient's response to a self-care questionnaire.

It was found that fifteen of eighteen participants showed a positive treatment effect (83%) with 90% of the patients reporting satisfaction with the treatment. Vicks Vaporub works due to active and inactive ingredients like thymol, menthol, camphor, and oil of Eucalyptus that are effective against dermatophytes in vitro, a common pathogen that causes toenail onychomycosis.

There are a number of ways to treat toenail fungus including natural antifungal treatments. Perfect Nail Solution provides a product that is created with natural essential oils that proactively targets toenail fungus to remove it, keep it away, and restore nails to a healthier state. Those interested can visit the company online.

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For more information about Perfect Nail Solution, contact the company here: Perfect Nail Solution
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Perfect Nail Solution

Perfect Nail Solution is a brand owned by Unico Enterprises, a Irwindale, CA-based company dedicated to providing premium beauty and grooming products.

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