



## **Temecula Meal Prep Service Launches Never Cook Again System**

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More and more people want to eat healthy, organic, lean food. For Temecula, CA company Socal FRESH, this was an opportunity to create a meal plan that allowed people to eat healthy food that is delivered to them. They have now announced that they have launched their 'Never Cook Again' system, which is already proving to be very popular.

"We have set up a very easy system," says Cal Ajmal from Socal FRESH. "We encourage everyone who wants to eat healthy, organic, locally grown meals and who never wants to cook again, to visit our website and try our meals. Once they have tasted them, they can set up a weekly meal plan packed with their personal favorites and have them delivered straight to their door twice a week. It couldn't be easier to never cook again."

People are encouraged to start with the '5 Meals for One Week' plan. This provides them with six ounces of protein, four ounces of veggies, and three ounces of starch. This gives people the opportunity to try the different proteins, which they can then use to build the weekly meal plans they like best themselves.

Meal plans, meanwhile, can be chosen and customized to include five, 10, 15, or 20 meals. Furthermore, they also have a breakfast option that includes five meals. They also have a range of custom meal plans, which come in the same amounts. There is no customized breakfast option available.

Those who have tried the meals offered by Socal FRESH have been raving about their experiences. Jon L. says on the company's Facebook page: "I've been eating Socalfresh for over 6 months. It's always fresh and organic. Best meal prep delivery around. Cal the owner is an amazing chef. Keep up the good work."

Socal FRESH is also running an aggressive social media campaign. They encourage everyone to follow them on Twitter at <https://twitter.com/socalfreshprep>, so that they can see the different meals that are available, remain up to date with any changes and additions, and share their own experiences with the service as well.

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For more information about SocalFRESH, contact the company here: SocalFRESHCal Ajmal(951) 479-6522 [socalfreshprep@gmail.com](mailto:socalfreshprep@gmail.com) 27715 Jefferson Ave Temecula, California

## **SocalFRESH**

*SoCalFRESH is a family owned and operated business in Southern California. We currently serve south Riverside county, Temecula & Murrieta Valley, and San Diego.*

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