



Bariatric Mexico Surgery Posts Article On The Psychological Burden Of Weight Loss Surgery

May 03, 2018

May 03, 2018 - PRESSADVANTAGE -

Bariatric Mexico Surgery is a facilitator company in Tijuana, Mexico, that aims to provide people with all the knowledge they need to make an informed decision about bariatric surgery. To achieve this, they release regular information pertinent to the weight loss surgery procedures. They have now announced the release of their latest blog post titled, 'The Psychological Burden of Weight Loss Surgery', which can be accessed at <https://www.bariatricmexicosurgery.com/psychological-burden-of-weight-loss-surgery.html>.

Alma Orozco from Bariatric Mexico Surgery says: "The burden of weight loss surgery is often heavier than the discomfort and bodily risks of the procedure itself. Patients who undergo bariatric surgery often have to cope with issues that impact their mental health and their relationships."

The article cites a number of studies that have shown that there is a significant psychological impact associated with weight loss surgery. Many who require the surgery already have an eating disorder, while at the same time suffering from depression and trauma due to years of bullying and shaming for being overweight. In most cases, psychological well-being improves after surgery, but this is not always the case.

"According to a Yale University study, about 13 percent of bariatric surgery patients experience an increase in depression that could possibly be linked to changes in mindset and lifestyle," says Alma Orozco. "You hate the fat you and you are terrified that the fat will return. You may be terrified that the fat you is the true you. Fat you is always there and you are afraid to find comfort or enjoyment in food because you've indulged previously to the point of becoming fat before."

Bariatric Mexico Surgery wants to stress the importance of monitoring psychological health following bariatric surgery. Help is available for those who experience such difficulties after the surgery. This issue is becoming much better known now, including the impact of serious weight loss on intimate relationships. Indeed, it is quite common for couples in which one has had surgery to divorce, which also has a significant psychological impact. Alma Orozco says: "Don't suffer in silence. Someone is always listening and if you feel you aren't coping, do speak to your physician."

###

For more information about Bariatric Mexico Surgery, contact the company here: Bariatric Mexico Surgery Alma Orozco 1 (800) 316-8234 info@bariatricmexicosurgery.com Diego Rivera 2386, Zona Urbana Río Tijuana, Tijuana, Baja California 22010 Mexico

Bariatric Mexico Surgery

Bariatric Mexico Surgery works with individuals who are interested in weight loss surgery by answering questions and offering bariatric surgery procedures through a relationship with some the best surgeons in North America.

Website: <http://bariatricmexicosurgery.com>

Email: info@bariatricmexicosurgery.com

Phone: 1 (800) 316-8234



Powered by PressAdvantage.com