



Innovative 24/7 Dining Experience Debuts at Garden Way Retirement Community in Eugene

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EUGENE, Ore. ? An innovative, all-day dining program has made its debut at Garden Way Retirement Community in Eugene, Oregon, offering the senior residents of this all-inclusive, resort-style community the luxury of dining any time of the day or night. Unlike the more conventional and outdated, three meals-per-day option, the new 24/7 Dining Experience at Garden Way was specifically designed to accommodate a variety of daily schedules in addition to palate and dietary preferences.

Located in the heart of charming Eugene, near shops, downtown restaurants, medical centers and more, Garden Way is an independent living retirement community managed by family-owned Sunshine Retirement Living, based in Bend, Oregon. The new dining experience is just one of the pioneering programs and services that have been introduced at the community recently to enrich resident lives each and every day.

Research has shown that seniors who socialize more with friends and family tend to live longer and healthier lives. For that reason, hours have been extended for breakfast, lunch and dinner at Garden Way. The gourmet meals, which are served restaurant-style by a team of caring and friendly servers, combine traditional favorites with more contemporary regional, ethnic and seasonal items to appeal to various tastes

and preferences. Recipes are rooted in fresh and delicious ingredients, sourced as locally as possible, including some that are grown in the community's own gardens. Salads and soups are made fresh daily, and high-quality meats and proteins, heart-healthy grains, and gluten-free, vegetarian and low-sodium options are always among the selections.

For residents, who are unable to dine during traditional hours, Garden Way now also offers an on-demand menu that can be enjoyed anytime in the dining room or in resident apartments. This is especially beneficial to residents who become ill or who need to eat food with medications in the middle of the night. Meals can be delivered by the culinary staff or picked up by the resident – whichever is more convenient.

“At Sunshine Retirement Living, we continue to champion innovation at each of our communities across the country,” said Luis Serrano, CEO, Sunshine Retirement Living. “Our new 24/7 Dining Experience at Garden Way in Eugene is just one example of how we put the needs and wishes of our residents first. Not everyone lives on the same schedule and our new all-day dining program is designed to ensure that our residents can enjoy a delicious and nutritious meal at a time that is most convenient for them.”

Garden Way's kitchen is always open for visits from the local community by calling ahead or by just stopping in. Garden Way is located at 175 South Garden Way, Eugene, Ore., 97041. For more information, contact us at (541) 228-9819 or visit www.GardenWayRet.com or email GardenWay@SunshineRet.com.

About Garden Way Retirement Community

Located in the heart of Eugene, Ore., Garden Way is an all-inclusive, luxurious retirement community for today's retirees. The award-winning retirement community offers studio alcoves, one- and two-bedroom, two-bath apartment suites. The carefree lifestyle includes a 24/7 dining program featuring chef-prepared meals served restaurant-style in a beautiful and bright dining room, a robust wellness program including yoga and Chair Chi classes, free transportation seven days a week, on-site beauty salon, common area Wi-Fi, movie theater, grandchildren's playroom, massage and wellness center, and more. For more information, call (541) 228-9819 or visit www.GardenWayRet.com or connect with us socially at www.facebook.com/GardenWayRet.

About Sunshine Retirement Living

Based in Bend, Ore., Sunshine Retirement Living manages 20 retirement communities in nine states, offering senior apartments, independent living, assisted living and memory care. A family-owned business with more than 20 years in the senior housing industry, Sunshine Retirement Living's mission is to be the preferred senior living provider offering value, choice and independence while promoting health and social interaction that exceeds residents' expectations and enriches the lives of both residents and staff. By providing meals, housekeeping, activities, transportation, utilities and in-house management staff, Sunshine Retirement Living continues to build an unparalleled community feeling in each property. For more information, visit

www.SunshineRet.com or connect socially.

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For more information about Garden Way Retirement Community, contact the company here: Garden Way Retirement Community Sarah Peters 5412554280 sunshineretirementcommunity@gmail.com 175 SOUTH GARDEN WAY Eugene, OR 97401

Garden Way Retirement Community

Our active senior retirement community not only offers you the worry-free lifestyle of an all-inclusive luxury resort, but we're also conveniently located in the heart of Eugene.

Website: <https://www.sunshineretirementliving.com/eugene-retirement-living/>

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