



Vibration Machines Rocking The Portal to Ascension Conference

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Vibrate Fitness, based in South Pasadena, California, announced that they would be exhibiting at the Portal to Ascension Conference, held at The Atrium Hotel in Irvine, California on October 5th - 7th, 2018. Their exhibit features vibration platform machines and polychromatic light therapy.

"This gathering is intended to bring forth a message of wisdom, enlightenment, consciousness, and unity," said Neil Gaur, the producer of the event. He invited world-renown speakers, such as Meg Benedicte, Paola Harris, Robert Schoch, Tricia McKinnon, John Desouza, and many others to cover a wide range of topics. Neil Gaur continues: "There is a universal truth that is emerging. We now have the opportunity to shift our consciousness to create a new reality of harmony, sacred economics, and universal peace." He also selected exhibitors that promote forward thinking, good health and cutting-edge technology.

"We are proud to be exhibitors at the Portal to Ascension Event," said Nils Vidstrand of Vibrate Fitness. "We're bringing two technologies: vibration platform machines and polychromatic light therapy so that the attendees can experience space-age technology for themselves."

This company brings solutions to the busy modern lifestyle: not enough time to exercise and the need to take better care of ourselves. "The whole body vibration machines build muscle strength, bone density, increase circulation and lymphatic drainage, in less time and less effort. Compared to conventional exercise or gym workouts: 10-minutes of vibration equals 40-60 minutes on a stationary bike. It's easy on the joints." For information about the four types of vibration machines, visit: <https://www.vibratefitness.com>.

"We're excited to present polychromatic light therapy with an FDA cleared medical device," said Nils Vidstrand. "Wavelengths of light are emitted via LED light diodes on a neoprene pad. Naturally absorbed by the cells, the light assists in the production of cell energy for repair and regeneration throughout the body. Facialists use light therapy for beautiful skin in their spas. However, it took a clinical study with Iraq war vets to prove that TBI, traumatic brain injury, could be remedied using light therapy pads. This year PBS television presents a documentary film featuring our company. The film will show how light therapy increases circulation and reduces pain in association with chronic physical pain. Visit the website for more information about this remarkable therapy." <https://www.InLightMedical.com/VioletRay>

The Portal to Ascension Conference will be the highlight of the fall season in the Los Angeles area for seekers of an "enlightening" experience. Visit the Vibrate Fitness exhibit for "good vibrations" and light therapy before going to a lecture.

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For more information about Vibrate Fitness, contact the company here: Vibrate Fitness Nils Vidstrand 323-222-1787 info@vibratefitness.com 1107 Fair Oaks Avenue #324 South Pasadena, CA 91030

Vibrate Fitness

VibrateFitness offers one of the most efficient forms of exercise today: whole body vibration machines for the home and office.

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