



WhiteSands Announces Availability Of Lakeland Drug Rehab Facility

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WhiteSands Treatment Center has announced new options for Lakeland drug rehab. The facility offers a number of treatment options for those who suffer from drug or alcohol abuse and recently stated that they are open to Lakeland residents who are facing addiction issues.

Joe Ducey, a representative for the drug rehab center says, "WhiteSands treatment center in Lakeland is here to help you to reach and maintain sobriety. Our goal is to see each and every one of our patients living a healthy, addiction-free life."

Ducey says that the facility provides patients with state of the art accommodations and treatment options including dual diagnosis to help to treat the underlying cause of many addictions. He states that many patients find that an underlying mental issue is often the cause of their turn to alcohol or drugs and says that the facility's dual diagnosis can help to treat both the addiction and the mental disorder.

"There is a reason that people turn to alcohol and/or drugs," Ducey says. "Our facilities are designed to help to determine why you have turned to these substances; what they are doing for you that you cannot do for

yourself. Once we determine the root cause of your addiction, it is easier to treat the addiction and help you to remain sober."

Ducey says that the facility fosters long-term recovery support. He says that while many rehab facilities simply work to get someone off of their substance of choice, WhiteSands Treatment Center Lakeland works to prolong sobriety for the rest of the patient's life. He states that this is done with a variety of treatment options that include counseling, therapy and detox, as well as a relaxing, state of the art resort style rehabilitation center that helps the patient to relax and focus on themselves and their recovery.

The facility offers a number of addiction programs including inpatient and outpatient treatment, partial hospitalization treatment as needed, family therapy and intervention, relapse prevention and many others. Ducey states that the facility's goal is to inspire their patients to trust in themselves and in their ability to overcome their addiction. The facility focuses on healing, which includes forgiveness of oneself and others that have caused them harm. Ducey says that this philosophy has worked well for other patients in the past and continues that healing is an important part of recovery that many facilities do not recognize.

WhiteSands Treatment facilities offer 150 or more beds and are designed to provide a resort-like atmosphere for patients. Facilities include clubhouse game rooms, resort sized swimming pools, tiki huts and picnic tables for outdoor leisure, large dining halls, spa treatment rooms, gyms and various other amenities that help patients to fully relax and focus on their recovery. Patients can choose a room to themselves or opt to share a room with a facility assigned roommate. All rooms include full sized beds, televisions and private bathrooms.

Onsite in each facility is a chiropractor, massage therapists, salon services for men and women, biofeedback treatment and yoga classes. Sports are encouraged and the facilities also include basketball courts and sand volleyball courts. Ducey says that total relaxation is important for those who are overcoming addiction and he says that the facilities are designed to provide a relaxed atmosphere that helps patients to better focus on their recovery. He states that the success rate for WhiteSands Treatment Centers is very high and credits the atmosphere for much of this success.

Ducey says that WhiteSands uses medically assisted detoxification methods such as controlled substances that can help to alleviate the symptoms of alcohol or drug withdrawal. Many patients name withdrawal symptoms as one of the reasons that they put off overcoming their addiction. Some claim that they are afraid to go through massive withdrawals, which can leave the patient quite ill depending on the substance being abused and the length of time that the patient has been addicted. Ducey says that their controlled substance program helps to alleviate many of these severe symptoms of withdrawal and makes success much more likely overall.

WhiteSands accepts private insurance and those who are interested can contact the facility to learn about

additional payment options. Those who are interested can also visit the facility on their official website to learn more about the specific treatment options that they offer and their locations.

Patients who are looking for addiction assistance and long-term recovery support can contact the facility to speak with a staff member to learn more about how to schedule a consultation with a therapist.

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For more information about WhiteSands Treatment Center - Lakeland Florida, contact the company here: WhiteSands Treatment Center - Lakeland Florida Joe Ducey media@whitesandstreatment.com 231 N. Kentucky Ave., Suite 210 Lakeland, FL 33801

WhiteSands Treatment Center - Lakeland Florida

White Sands Treatment Center offers high-quality, compassionate addiction treatment at our drug and alcohol rehabilitation facility.

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