



Business Leadership Coaching Professional Doug Gray Discusses the Importance of Active Listening in New Blog

November 15, 2018

November 15, 2018 - PRESSADVANTAGE -

Franklin, TN - Doug Gray has spent years providing business leadership coaching to professionals around the world. Now, he has a new blog where he is sharing his expertise in a way that can be conveniently accessed from anywhere in the world. His latest post focuses on the value of being an active listener.

The blog at <https://action-learning.com/about/> gives Dr. Gray a wider audience and allows him to provide advice to business leaders while also showing them the value of his courses. The current article explains that there are three levels of active listening.

The three levels are: Level 1: internal listening, (e.g., the client is looking inside, but the coach may be listening to how that story affects the coach); Level 2: Focused listening (e.g., the coach is laser-focused on the client's agenda); and Level 3: Global listening (e.g., the coach is focused on global cues including intuition, emotions, body language or the environment).

Dr. Gray explains that the skills can be taught or coached and that they are vital to be a successful leader in

the business world. He and his team at Action Learning Associates regularly update the blog with pieces of advice meant to help executives.

ABOUT ACTION LEARNING ASSOCIATES:

Action Learning Associates has coached and trained more than 700 industry leaders across multiple business lines, throughout the world, from presidents and CFOs to emerging leaders and newly-promoted managers. As a consulting firm, they are proud to employ only the top business coaches who are well prepared to teach their clients. ALA has expertise with leaders in the healthcare, pharmaceuticals, information technology, energy, finance, accounting, human resources and manufacturing sectors.

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Action Learning Associates

We provide competitive advantage for high-potential leaders and teams. Specifically, we help leaders (1) assess their strengths, and (2) make smarter decisions using our trademarked AD-FIT process.

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