

Encinitas Chiropractor Announces Upcoming Event

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K2 Health Center in Carlsbad, California has announced an upcoming event. The chiropractic office recently announced that they will be hosting a "Supplements that everyone should be taking" conference. The learning event is slated to take place on Saturday, February 2, 2019 at the Pharmaca in Carlsbad.

A representative for the chiropractic center says, "This will be an informative lesson for anyone who is not quite sure what types of vitamins, minerals or other supplements they should be taking for optimal health. Information will include things that people need to be putting into their systems on a daily basis to help them to live more pain-free lives, enjoy more mobility and generally have a healthier lifestyle."

Doctors John. Kupper, D.C. and Steven Keener, D.C. specialize in neuro-musculoskeletal disorders at the health center. The doctors work to find the root cause of health issues in their clients and come up with a plan that will help to get those clients back to their best possible health. The center states that their upcoming learning event is part of that plan. The representative states that the event is open to anyone who wants to learn more about the benefits of introducing certain supplements into their lives.

"We want everyone to feel healthy," says the center's representative. "This is why we have decided to host this event. We want the general consumer to learn more about their overall health and different ways that

they can work toward improving their general health.?

The Encinitas chiropractor center offers a wide range of services including massage, nutrition education, exercise therapy, low level laser therapy and a number of diagnostic services. The center states that their doctors use the latest in cutting edge technology to ensure that their clients experience the best possible results from their therapy sessions.

The Encinitas health center provides treatment for clients of all ages. They state that they work with everyone from infants to the elderly and treat a number of issues including neck and back pain, migraines and other headaches, chronic fatigue, fibromyalgia, neuropathy, TMJ and others.

The health center states that they hope everyone who is able will join them for their upcoming event on the first Saturday in February. The center's representative states that they will use the allotted time to discuss a number of health concerns and issues and ways that those issues can be corrected, avoided or generally made better in some capacity.

The health center prides themselves on the level of service that they provide to clients and states that they offer a personalized approach to each and every need. Clients are treated as the individuals that they are, without the assumption that every health concern is the same. They specialize in surgery avoidance consultations that are designed to help their clients to find better ways of reaching a more optimal level of health and fitness without the need for intrusive surgeries. The center's representative states that not everyone necessarily needs surgery to correct certain issues and that getting a second opinion should always be at the top of the client's priority list.

Those who are interested in learning more about the health center or about the learning event that they are hosting can visit them on their official website at <http://k2healthcenter.com/>. Those who are in need of chiropractic care or those who would like a second opinion that could potentially help them to avoid intrusive surgeries can also learn more on the center's official website or contact them directly to schedule an appointment. Appointments can be made through an online form on the center's website or by calling or emailing the center directly. The center states that they look forward to providing education about health supplements to all of those who plan to attend the event. More on this, including a number of articles published by the doctors, can be seen by visiting the center online. The chiropractors currently serve clients from Carlsbad, Encinitas, Solana Beach and the surrounding areas.

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For more information about K2 Health Center, contact the company here: K2 Health Center Dr. Kupper & Dr. Keener (760) 456-9470 info@k2healthcenter.com 317 N. El Camino Real Suite 110 Encinitas, CA 92024

K2 Health Center

Encinitas chiropractors Dr. Kupper and Dr. Keener are well known as the top pain management doctors in Encinitas. They have helped numerous patients with all sorts of issues including upper back and neck pain.

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