



ProClinix Hires New Chiropractic Professional For Their Armonk, NY Office

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ProClinix Sports PT & Chiropractic Wellness PLLC, a company based in Armonk, NY, has announced that they have hired a new chiropractor. Dr. Jaclyn M. Amaro is the latest member to join the ProClinix Staff, and she brings with her a certification in Active Release Technique. Dr. Amaro has worked with professional and recreational athletes through musculoskeletal and sports injury care and therapy, and has personal experience with professional sports and the injuries that can sometimes be sustained through them.

ProClinix invites all new and existing clients to visit them online at ProClinix.com for more information on Dr. Amaro and the qualifications she brings with her. After obtaining her Doctorate in Chiropractic Medicine from the National University of Health Sciences, she has reportedly continued to enhance her training through experience and certification in alternative treatment techniques. This and other facts on the newest staff member can also be viewed through the ProClinix Facebook Page.

Dr. Amaro will be joining the clinic's other professional members such as Dr. Brian J. Dombal, DPT, Director of Physical Therapy, Dr. Alan H. Siegal, D.C., Director of Chiropractic, Dr. James H. Cassell, DPT, Physical Therapist, and Dr. Marissa Chapnick, DPT, Physical Therapist. Together the team works to evaluate their

clients by testing strength, coordination, endurance, posture, range of motion and balance to determine the best possible treatment or therapy plan on a customized level. ProClinix has explained, "Each patient's individual treatment plan is geared toward reaching specific rehabilitation goals that are set by the therapist and the patient together as a team. Participating in physical therapy and exercise three to four times per week will help reduce your chronic pain by reinforcing joint stability, muscle strengthening, endurance, and muscle and joint flexibility."

ProClinix has been very open in their excitement to welcome the new Chiropractor to the clinic, and have asked their clients to please welcome her and her unique skillset. An announcement was posted to the company Facebook page on June 29th, outlining her specialty in Active Release Technique, and what this will mean for those suffering from tendonitis of the elbow, knee, foot, shoulder, or hip, as well as for those who suffer from problems associated with nerves, such as carpal tunnel or ulnar entrapments.

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For more information about ProClinix Sports PT & Chiropractic Wellness PLLC, contact the company here: ProClinix Sports PT & Chiropractic Wellness PLLC Alan Siegel, DC 914-202-0700 dr.siegel@proclinixhealth.com 99 Business Park Drive (in EQUINOX Fitness) Armonk, NY 10504

ProClinix Sports PT & Chiropractic Wellness PLLC

ProClinix Sports Physical Therapy & Chiropractic Wellness is an integrative healthcare practice comprised of physical therapy, chiropractic, and sports performance services. We provide care to the Armonk and Pleasantville communities.

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