



Burnaby Counselling Centre Announces Launch of 360 Google Street View Virtual Tour

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Burnaby, BC based Parallel Wellness Burnaby Counselling is pleased to announce the launch of their 360 Google Street View virtual tour. The new feature is intended to allow potential clients to get an idea of what the place looks like. Choosing a therapist or counsellor can be a difficult and highly sensitive task, and part of choosing the right therapist is the environment the sessions will be conducted in. With the new 360 virtual tour, potential clients will be able to take a look around the centre from the comfort of their homes without having to actually visit the premises. One will be able to look around and decide whether or not they'd be comfortable speaking to a counsellor in such a space.

The counselling centre strives to help each client achieve their individual goals and become their best self. "You deserve to have happy and healthy relationships with yourself and the important people in your life," says the Burnaby Counselling Centre, a statement that is echoed on their website. "We believe that you have the ability to live a healthy and fulfilling life, but sometimes need the help of a professional to realize your true potential. We work closely with you, in parallel as you work towards your individual goals, becoming your best self." Created by a team of "holistically-minded, counselling therapists", Parallel Wellness ensures that every aspect of each patient's life is taken into consideration and makes it their mission to improve said

aspects during each counselling session to help achieve all round growth in their clients.

The holistic approach used by Parallel Wellness involves working in collaboration with clients and allied health professionals, including nutritionists, medical practitioners, and alternative health practitioners, to provide clients with the support they need on their quest to achieve wholeness, healing, and self-discovery.

There are a number of services on offer at the counselling centre. Individual Therapy sessions for children, youth, and adults are available, including 50 to 80 minute sessions. During these sessions, clients are encouraged to explore ways in which they can improve themselves and thus improve their lives, while also learning to cope with negative experiences they have had or will have in the future. Parallel Wellness also offers couples therapy for all couples regardless of where they are in their relationships. Couples grow closer together while learning the skills they need for better communication and will, through the 50 and 80 minute sessions offered by Parallel Wellness Burnaby Counselling, learn how to form healthy, happy, and resilient relationships. The Burnaby Counselling Parallel Wellness Google Street View Virtual Tour can be found online at the link provided.

Families looking for a way to solve family conflicts can make use of Parallel Wellness? Family Therapy services. The counselling centre wishes to make their clients aware of the fact that they are not alone in the struggle to reconnect with their families?and that it is still possible to bridge the gap and reunite.

A number of clients have left Parallel Wellness Burnaby Counselling having achieved noticeable personal growth. ?Meredith and I have worked in the same organization for a couple of years and I got to know her better when we worked on the same team for about two years,? says a review from a client named Collins Jammal. ?She is a gifted listener who holds a compassionate, non-judgmental space. She is genuine, warm, thoughtful, and passionate about providing evidence based care, indicative from her continuous professional development. Meredith is a seasoned clinician with a wealth of experience, particularly with eating disorders, and offers empirically supported assessments, treatments, and consultation services to individuals experiencing mental health disorders, their families, and helping professionals. I use her as a resource when working with clients with complex eating disorders in my practice. I would have no difficulty recommending Meredith to my clients, friends, and family.?

Those looking for a proven counselling service that cares about the holistic growth of their clients as people are encouraged to get in touch with Parallel Wellness Burnaby Counselling today. The centre?s team of highly qualified and dedicated counsellors and therapists is guaranteed to help any client deal with any conflict in their lives and achieve personal growth. Find out more here: Parallel Wellness Burnaby Counselling Google My Business Map Listing.

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For more information about Parallel Wellness Burnaby Counselling, contact the company here: Parallel Wellness Burnaby Counselling Meredith MacKenzie (778) 990-5491 meredith@parallelwellness.ca 2025 Willingdon Ave Unit 900, Burnaby, BC V5C 0J3

Parallel Wellness Burnaby Counselling

Parallel Wellness North Vancouver Counselling is a passionate team of holistically-minded, counselling therapists helping clients realize their true potential by supporting them through their own goals towards living a healthy and fulfilling life.

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