



2019 Version Of BPM 317 Blood Pressure Monitor For Home Use Now On The Market

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iProven, a business based in Dordrecht, The Netherlands, has revealed that they have already made available on the market the 2019 model of their BPM-317 device that allows people to monitor their blood pressure in the comfort of their home. The device is an automatic BP monitor so that the user will not need any assistance. And knowing that it will likely be used by a couple and they would like to know how their current reading would compare to their previous BP readings, the design team had equipped the device with a memory that can store several readings for two people.

"Our automatic BPM-317 is precision-engineered with the newest technology to give you a reliable reading every time. To help you understand the wrist BP monitor, we added the AHA indicator. Detect high blood pressure with a blink of the eye," says Suzanne, a spokesperson for iProven.

It should be noted that the American Heart Association (AHA) have changed their guidelines for the prevention, treatment, detection, and management of high blood pressure. These guidelines define high blood pressure as 130/80 mm Hg instead of the previous 140/90 mm Hg. The purpose of these updated guidelines is to take into consideration the complications that can happen at the lower BP numbers and to

enable earlier intervention. The kind of intervention needed can simply be making changes in the person's lifestyle or some patients may need to take medication.

Paul Whelton, the lead author of the updated AHA guidelines, explains, "It doesn't mean you need medication, but it's a yellow light that you need to be lowering your blood pressure, mainly with non-drug approaches."

These new guideline makes it even more imperative to monitor one's blood pressure daily, making the BPM-317 blood pressure monitor a necessary medical tool. And because it can store up to 90 readings for each of the two users, users of the device can even show those readings to their physician allowing their doctor to better understand their health condition.

That said, it is also vital to note that blood pressure readings can be affected by many factors, including stress, activity and even how the cuff is worn on the wrist. Thus, it is necessary to take several readings at various times of the day and to make sure that the user is properly using the BPM-317 BP monitor and to read its manual.

Thus, it is advisable to take a blood pressure reading in the morning before eating or taking any medications. A second reading can be take in the evening. And each time, it is recommended to take two or three readings to ensure that the results are accurate. It is also important to remember that blood pressure varies during the day: lower at night and then starting to rise during the day, and usually reaching its highest point in the middle of the afternoon.

According to Suzanne, in order to take a person's blood pressure properly, it is important to make sure that the cuff on the wrist at the same level as the person's heart and that it fits snugly on the wrist. The person whose blood pressure is being taken should also stay still and should avoid eating and drinking during the process.

This device from iProven is designed to be worn on the wrist to take blood pressure measurements. When the BPM-317 is sent to the customer, it is ready for use as it arrives at the customer's doorstep with a storage case, batteries, and manual.

And iProven covers the BPM-317 BP monitor with its 100-100 policy. What this means is that every customer who purchases the product is provided with a 100-day, no-questions asked, money-back guarantee.

iProven makes available home health products like the BPM-317 that can be used by ordinary people to help

care for their health and that of their loved ones. More information about the BPM-317 digital blood pressure monitor and other products from iProven can be seen at the iProven website or their Amazon page. People may also want to contact them by phone or through email.

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iProven

It is our passion to develop high-quality products that can easily be operated by every home user and provide the best-tailored education together with the products. We love to help you get the most out of the product and be more health aware.

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