

## Duluth Car Accident Chiropractor Releases Blog Post on How Arrowhead Clinic Can Help with Whiplash Injury

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Arrowhead Clinic - Duluth, Georgia, has announced that they have published a blog post on how the chiropractic clinic may help people with whiplash injury. The article explains that while a primary care physician will usually treat soft tissue injuries with pain medication, a chiropractor after a car accident can really diagnose the real issue and provide treatment for the root cause of the pain. As a result, a chiropractor may be able to gradually reduce the neck pain caused by whiplash until the symptoms will finally disappear. The article explains what whiplash injury is and why those who have whiplash need to see a chiropractor.

Dr. Darris Gentry, a chiropractor at Arrowhead Clinic in Duluth, says, "When your neck is "whipped" forward and then back, the ligaments and muscles in the neck can stretch and even tear. Surprisingly, many people with whiplash don't begin to notice symptoms until 24 to 72 hours after their accident. That's why you should see a chiropractor immediately following an accident no matter how you feel. Your chiropractor can determine if you are injured even if you aren't experiencing any symptoms."

He continues, "Chiropractors understand the spine and the bones, discs, muscles, and ligaments that must

function together for it to function optimally. The cervical spine is the section of the spine that supports the head and neck. When whiplash occurs, the forward and backward motion was too severe, destabilizing the spine and causing extreme pain to the neck, upper back, and shoulders. Our chiropractors will diagnose your injuries and develop a personalized treatment plan to alleviate your pain symptoms."

There are several common symptoms of a whiplash injury. These include upper back pain, shoulder pain, headaches or migraines, shooting pains, arm pain, dizziness, stiffness, insomnia, fatigue, ringing ears, and jaw pain or temporomandibular joint pain.

The stiffness that is felt is usually the body applying a self-healing process known as splinting. This is where a neighboring group of muscles attempts to secure the damaged area. The headaches are caused by damage to the upper cervical disc, occipital joints, or facet joints. A herniated disc or a compressed nerve will usually cause a shooting pain or arm pain. And it is also essential to know that the temporomandibular joint, which is the hinge at the back of the jaw, will sometimes get damaged as a result of the violent force exerted on the neck or jaw area during a car accident.

It is advisable for car accident victims to see a car accident chiropractor as soon as possible after the accident because they usually don't notice their symptoms or injuries until days or weeks after. This is because of the release of adrenaline, which is the body's natural coping mechanism for dealing with stress and trauma. Thus, whether an accident victim feels pain or not, there is still the possibility of an injury, and it is vital to have it diagnosed and treated before permanent damage is incurred.

In addition, delaying treatment can also have negative consequences on the possibility of filing for compensation with the at-fault driver's insurance company later on. The insurance company will try to avoid financial liability by pointing out that the treatment that was rendered much later after the accident may not have been due to the accident.

Right after the accident, it is also advisable for victims to call the police to ensure that the accident is properly documented through a police report. This is important because it can show who is the at-fault driver, and this will help when filing a personal injury claim. Without the police report, it will be extremely hard to fight against the insurance company and get the appropriate compensation.

Those who are looking for a car accident doctor in Duluth and nearby areas may want to check out the Arrowhead Clinic - Duluth website or contact them through the telephone or via email. They are open from 9:00 am to 7:00 pm from Monday to Friday.

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For more information about Arrowhead Clinic - Duluth, contact the company here:Arrowhead Clinic - DuluthDr. Darris Gentry, DC(770) 525-1431info@arrowheadclinics.com2131 Pleasant Hill Rd #122, Duluth, GA 30096

## **Arrowhead Clinic - Duluth**

At Arrowhead Clinic, our doctors have been serving the Duluth, GA community for over 48 years with the best Chiropractic treatment. Chiropractic treatment offers treatments that are always all-natural and safe and preferred by auto injury victims.

Website: https://www.arrowheadclinic.com/chiropractor/georgia/duluth

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