



## **Progressive Spine And Orthopaedics Treat Back And Neck Pain In New Jersey**

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Progressive Spine and Orthopaedics - Englewood, a New Jersey chiropractic care center, would like to reach out to Englewood residents who may be in need of treatment for back-related pain. The clinic has multiple back pain specialists who offer a variety of treatments that have been proven to be effective in treating a number of issues.

The COVID-19 crisis has made it so many people are forced to spend a great deal of time at home, which in turn means many are spending a lot of time sitting. Being at home for so long tends to translate to a lot of computer time, which is not good for one's back, and many may find themselves experiencing back and neck pain as a result. Progressive Spine, under Dr. Joshua Rovner and his team, offers relief from pain caused by issues with the back. He has a great deal of experience with spinal surgery and has, over the years, managed to give his patients a second chance at life.

"Virtually every adult will have back pain at some point," says Dr. Rovner. "Most times, this pain is fleeting; but for some, spinal problems become an all-consuming issue that takes the joy out of life. Spinal pain can limit your ability to work, rob you of time with friends and family and prevent you from living the life you always

imagined. When it comes to back pain, conservative treatments are usually the best place to start; however, if conservative treatments fail, spine surgery can often deliver a cure.?

Research into new spinal surgery techniques has yielded a number of breakthroughs, including robotic spine surgery. Robotic spine surgery is more precise, safer and far less invasive than traditional surgery, which means patients experience dramatically reduced recovery times. Dr. Rovner is board-certified by the American Board of Orthopedic Surgeons to practice in NY and NJ and is one of a small number of doctors in the northeast with the training and ability to perform Robotic Spine Surgery.

Spine surgery can potentially change one's life and, in general, the results are good. According to Progressive Spine and Orthopaedic, spinal fusions are successful up to 80% of the time, on average. Surgeries specifically performed to eliminate pain and sciatica (such as microdiscectomy) are up to 70% successful. The success of a procedure is measured by patient satisfaction and pain relief, and many of those who go under the knife have a successful operation with no complications. Read more about Progressive Spine on their Facebook page.

Many of Dr. Rovner's patients have left excellent reviews of his clinic and of his work. Irene, one of his patients, says in a Google Maps review, "I was very pleased with my experience at this office. It was my first time, and everyone was very pleasant. During these challenging times, it's nice to go into an office and be treated well, especially when you are the patient in need of help and good care. Everyone from the front desk to seeing the doctor were very caring, all smiles, and even great conversation and laughter which creates a good atmosphere for patients. Dr. Rovner explained what was wrong and suggested things I can do to help with my pain. He was very patient, knowledgeable and kind. I will continue to come here and recommend them. Thank you for a good experience.?"

"I used to work for a pain management office for many years and our practice referred some of our patients to Dr. Rovner who may be in need of spinal surgery," says another Google Maps review. "And through all the time that he had been seeing our patients, I had witnessed that not only was Dr. Rovner an excellent surgeon and an expert in his field, he was also a dedicated and compassionate physician with a very down-to-earth bedside manner. He also presents surgical options to his patients and guides them to make informed decisions on how to go forward with more invasive treatment. Truth be told, I would recommend Dr. Rovner to anyone who is in need of spinal surgery.?"

Read more reviews and find out more about the clinic through their GMB listing. Patients may reach out to the clinic directly to follow up on any further inquiries as well.

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For more information about Joshua S. Rovner, MD, contact the company here: Joshua S. Rovner, MD Joshua S. Rovner +1 201-227-1299 patientcare@progressivespine.net 440 Curry Ave, Englewood, NJ 07631, USA

## **Joshua S. Rovner, MD**

*Dr. Rovner is board-certified by the American Board of Orthopedic Surgeons to practice in New York and New Jersey.  
He is an expert at Robotic Spine Surgery which "makes Spinal Surgery safer, more precise and less invasive".*

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