



BRICOLAGE

BEHAVIORAL HEALTH

Bricolage Behavioral Health Offers Support For Adolescents Struggling With COVID

September 24, 2020

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Flower Mound, Texas-based Bricolage Behavioral Health encouraging their community to get in touch if they require support for adolescents struggling with COVID-19. Bricolage Behavioral Health is dedicated to providing a supportive environment that helps people create the best versions of themselves.

A representative for Bricolage Behavioral Health says, "While the unexpected spread of the COVID-19 pandemic and the resulting change in our day-to-day lives has no doubt been hard on adults, we often don't realize the massive affect this could have on our children. What with everything about their lives turning upside down, the pandemic can lead to our adolescents dealing with mental health issues that they wouldn't know how to deal with."

They continue, "Not only are they now facing a world where they can get seriously sick and have to deal with all the fears associated with that, there is also the fact that adolescents are mostly social creatures. What with schools being closed and virtual learning having become the norm, being cut off from their societal groups and having no way to really interact with anyone outside online communication methods will all have a deep impact on their mental health. Then, they have to adapt to virtual learning on top of everything else. In such

times, it's critically important that they have the mental health support that they need.?

Bricolage Behavioral Health is dedicated to providing mental health services to adolescents. According to the clinic, their focus is on putting the child first so that they can well and truly get past whatever issues they may have, whether it stems from COVID-19 or something else entirely. With a team of mental health experts, Bricolage Behavioral Health is able to consistently provide a supportive environment for children and adolescents ages 7-18 that enables them to grow as individuals.

Bricolage Behavioral Health has a number of services that target both children and young adults, including a day program that integrates the latest in evidenced-based techniques (specifically designed to teach resilience through diverse therapeutic modalities, including individual, family, art, pet and recreational therapies) with oversight by a psychiatrist. In addition, they also provide outpatient therapy, psychiatric treatments and adolescent alcohol and addiction treatment programs. Unique to Bricolage Behavioral Health's programs is the fact that they integrate home, family, and academic support to provide holistic counseling and interventions.

Bricolage Behavioral Health commitment to their mission has earned them a lot of praise from the community. On the Google platform, for instance, they have a perfect rating of 5 out of 5 Stars. In a recent review, Sara Kluth says, "Bricolage and their staff got our son through a difficult phase in his life. Our son was dealing with issues stemming from autism spectrum disorder, ADHD, self-harm and depression. Rachel, Drew, Sharon, Josh and Dr. A. are an amazing team to work with. We are following up with one on one counseling through his transition, but I know Bricolage will always be a part of our family! When you go make sure to give Trooper a good pet ? he's an important part of the team (bring a Milk Bone and lint roller for good measure)!?"

Meanwhile, in another review, Jeanne Butler says, "I was recently invited to tour Bricolage Behavioral Health, and impressive is an understatement. The facility itself is cheerful, fresh and welcoming for all ages. What really exceeded my expectations, though, is their distinguished and dynamic staff. Each therapist has truly been hand-selected for a unique and innovative approach for child and adolescent behavioral needs. This is a highly-customized experience for every child and their family. Collectively, the staff's diverse educational and career backgrounds are first-rate in the DFW Area. I greatly recommend this facility!?"

Those who want to learn more about Bricolage Behavioral Health and their services are welcome to visit their website to get started. They encourage interested parties to get in touch with them directly via email or phone. Bricolage Behavioral Health can also be reached through the contact form on their website. They maintain a presence on Facebook where they frequently post updates, share media and communicate with

their patients.

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For more information about Bricolage Behavioral Health, contact the company here: Bricolage Behavioral Health
Bricolage Behavioral Health 469-968-5700 information@bricolagebehavioral.com
3204 Long Prairie Road Suite A Flower Mound, TX 75022

Bricolage Behavioral Health

Bricolage Behavioral Health was created to provide a supportive environment for teens and adolescents to realize the best versions of themselves. We believe whole family healing can put your children on the path to a healthier, happier life.

Website: <https://bricolagebehavioral.com/>

Email: information@bricolagebehavioral.com

Phone: 469-968-5700



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