



New Medical Spa Glen Allen B 12 Injections Offered In Virginia

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New Medical Spa, aesthetic medicine and weight management clinic, in Glen Allen and greater Richmond, VA, is offering vitamin B-12 injections for weight loss. The clinic is run by Teresa Camden, MD, FACSM, a leading cosmetic medicine practitioner with over 20 years of experience. The clinic also offers other services such as Latisse, wrinkles, Kybella, weight loss medication, Juvéderm, chemical peel, Botox, Retinol & skincare, vampire facelift, body filler skin tightening, and Sculptra Butt lift.

Weight loss injections deliver precise doses of vitamins, amino acids, and other nutrients into a patient's bloodstream. These doses bypass the patient's digestive system, so the nutrients are less likely to break down or become damaged. Lipotropic B-12 injections contain several components that help with weight loss. Vitamin B-12 helps rev up metabolism and gives the recipient more energy. It's particularly beneficial if a patient's B-12 is running low and they don't get enough of the vitamin in their diet.

Lipotropic injections are helpful in weight loss because they contain added components that aid in fat

metabolism. Lipotropic nutrients (known as methionine, inositol, and choline, or MIC), are known to break down and metabolize fat. These nutrients not only help the patient lose weight but also provide a boost in energy so that recipients can power through their workouts.

B-12 injections can cost anywhere from \$25-\$35 per injection depending on the selected package. Most patients notice an immediate spike in their energy level, which means that they're more likely to stay active throughout the day. It's common for patients to start losing weight within the week following the injection. Although the goal is to drop a steady one to two pounds per week, some weight loss patients lose even more when they first get started with lipotropic B-12 injections. Vitamin B-12 injections are water-soluble and lipotropic components are safe. So the patient doesn't have to worry about getting too many of them. The body simply flushes out whatever it doesn't need. Patients can read more about the clinic's procedures on its Facebook Page.

Teresa Camden says, "We will set you up for success by tailoring a nutrition and eating plan specifically designed for you. We will also focus on helping you find ways to get more exercise in regularly. In some cases, we may even have to supplement weight loss injections with FDA-approved weight loss medications to boost the injection's effects. Most weight loss patients only need about one weekly injection. However, you may need them more or less often. It depends on your progress and how you respond to the injections."

Dr. Teresa Camden attended Albany Medical College in Albany NY where she completed a combined BS-MD program in 1995. She completed her residency at CHRISTUS Spohn Memorial Hospital in Corpus Christi, Texas. She went through her Sports Medicine Fellowship at the University of Texas Southwestern in Dallas. Dr. Camden holds board certifications through the American Board of Family Medicine in both Family Practice and Sports Medicine and is a distinguished Fellow of the American College of Sports Medicine.

According to a testimonial by Aliyah A., "Dr. Camden is amazing with communicating professionally exactly what is needed for each individual. Every appointment is detail orientated and super informative! I love my results every time I leave whether it is the laser or injectables!"

According to a testimonial by Jennifer D., "Dr. Camden and her staff are incredibly amazing. Dr. Camden is very professional with a wonderful personality. I could not be more pleased with the services I have received. Dr. Camden makes you feel special and really boosts your confidence. There is nothing more beautiful than a woman with a glow of confidence and I thank her for that. I highly recommend Dr. Camden for your beauty needs, whether it's injectables or laser treatments to the other services offered. You can't go wrong with New Medical Spa."

Customers can read more testimonials on the clinic's GMB website. The clinic can be reached at (804) 213-2363 to book an appointment. There is also a form on its website for patients to get a quote for their desired services.

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Dr. Camden and her team at New Medical Spa can offer you a variety of Cosmetic Dermatology and Weight Management solutions.

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