

## Anand Medical Spa Offers Botox for Wrinkle Removal in New York City

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Anand Medical Spa, a medical spa based in New York, NY, has revealed that they are offering Botox treatment as a way to get rid of unwanted wrinkles and creases on the face. Botox may be the best option for wrinkle treatment for targeted and localized treatment of particular areas of aging on the face. It can minimize wrinkles and lines in that specific area where it is injected.

Dr. Sunanda Chugh, medical director at Anand Medical Spa, says, ?Botox is a purified protein that comes from the Clostridium botulinum bacterium. When it is injected into a muscle, it stops the nerve impulse from reaching the muscle, thus preventing it from contracting as strongly. This causes the muscle to weaken and relax, allowing the overlying skin to soften and causing wrinkles in the area to disappear. Botox has been in use for many years and is approved by the FDA for the treatment of areas such as the glabellar wrinkles (frown lines) and crow?s feet.?

Some of the areas usually treated with Botox are: forehead or worry lines; crow?s feet around the eyes;

bunny lines on the nose; vertical lines/frown lines between the eyebrows; around the eyebrows to provide a gentle lift; gummy smile; smoker?s lines (vertical lines around the lips); dimpling of the chin (?peach pit? chin or peu d?orange chin); vertical neck bands; and corners of mouth for downturned smile. People interested in learning more about Anand Medical Spa may want to check out their Facebook page.

Dr. Chugh will inject tiny amounts of Botox into the skin and/or muscles of the specific area where it is required for a particular patient. It only takes approximately five minutes for her to administer these injections. And an important advantage of Botox treatment is that patients can immediately continue with their regular routines after the treatment.

She wants to emphasize that Botox are the first line of defense against signs of aging for a lot of people. Patients, however, are cautioned from rubbing the treated area because this may result in Botox shifting to adjacent muscles. Some patients may notice some bruising or minor redness at the site of injection but this can be easily covered with makeup.

It will only take three to 10 days before the intended results can be noticed. These results will typically last for around three to four months before a touch up is needed. For some of the patients in New York that have been treated by Dr. Chugh for several years, they have noticed that the results even last longer, which means that the interval between treatments increased up to four to five months.

Another kind of treatment that may be used to combat the signs of aging are dermal fillers. These consist of injections containing hyaluronic acid or poly-L-lactic acid to certain areas of the face to smooth out wrinkles, restore volume, and enhance facial harmony. Treatment areas for dermal fillers include: depressed cheeks/cheek contour, hollowed eyes, smile lines, nasolabial folds, deep frown lines, vertical lip lines, marionette lines, nasal asymmetry, deep brow furrows, lip enhancement and definition, and chin enhancement.

Patients who have tried the treatments offered at Anand Medical Spa have provided highly positive feedback. For example, Antonio S. gave the med spa a five-star rating and said, ?The doctor is amazing! I?ve seen professional in London, L.A. and NYC, and she?s my favorite! Patient, thorough, careful, great attention to detail, and really knows what she?s doing. Sometimes I put off procedures just so I can have them done with her when I go to New York. Five stars plus.?

People who would like to know more about Botox and other treatments offered at the Anand Medical Spa, may want to visit their website, or contact them through the telephone or via email. Those who would like to get the exact location of the med spa and other important information may also want to visit their GMB listing.

For more information about Anand Medical Spa, contact the company here: Anand Medical SpaDr. Sunanda Chugh+1 212-653-0366info@anandmedicalspa.com635 Madison Ave, New York, NY 10022, United States

## **Anand Medical Spa**

Anand Medical Spa's mission is a holistic approach to beauty incorporating anti-aging services and products including Botox, Dermal Fillers, Ultherapy, Chemical Peels, and more.

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