



Concepts Of Spring Releases Information On How Probiotics Help Digestion And Fitness

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Elkart, Indiana health and beauty company Concepts of Spring, has announced findings that show the link between probiotics and having good digestion and fitness. One of the company's flagship products is the Spring Vitality probiotics supplement, which has been created to make sure it contains the right levels needed by the body for better health and digestion. The company is proud to have the scientific backing to prove their product is beneficial.

Eva Galvez of Concepts of Spring, says: "Our flagship product was launched quite some time ago and has been very popular. However, we are so happy that we can now back the many positive experiences our customers have had with scientific evidence. We suggest that anybody who wants to have better digestion and improved health and fitness, tries our supplement."

Concepts of Spring approached a number of well-known physicians, nutritionists and other experts in order to explain the research behind microflora. All agreed that they have various health benefits that are needed for

the proper functioning of the human body. In fact, the various professionals all stated that they recommend their patients take this type of supplementation for enhanced overall health.

Scientists also added that they had researched the fact that probiotics have particular benefits for athletes. They help to improve the immune system, and clinical evidence has also shown *Lactobacillus reuteri* to be beneficial for regular exercise and digestive problems. It is for this reason that more and more athletes are using these supplements.

"We believe that the Concepts of Spring product is beneficial for athletes and non-athletes alike," says one of the scientists involved in the research. "Non-athletes will find that they have more drive and energy to keep going during a burst of exercise. The benefits are tremendous, as has been shown during clinical trials, and we recommend it to everyone."

Concepts of Spring is also encouraging those who are interested in better health to visit their Facebook page. Results of the studies have been posted there. Additionally, any special offers and promotions will also be listed on the page.

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For more information about Spring Vitality, contact the company here: Spring Vitality Eva Galvez +1(347) 560 8951 service@conceptsofspring.com Concepts of Spring 25883 N Park Ave Ste 3-500877, Elkhart, Indiana, 46514, USA

Spring Vitality

Spring Vitality is a brand of quality Dietary Supplements brought to you by Concepts of Spring. Spring Vitality aims to promote family health and boost wellness through expertly formulated supplements that are safe to ingest for the whole family.

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