



Pure Vitality Minerals Reveals Information On How Magnesium Oil Spray Can Combat Fibromyalgia Pain

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Beaverton, Oregon based Pure Vitality Minerals has released information on recent studies showing that there are a number of supplements that can help to alleviate fibromyalgia pain. Keegan Allen, spokesperson for Pure Vitality Minerals, revealed that studies have shown that magnesium oil can be used to fight pain in fibromyalgia sufferers. He states, "In a study done in Turkey, a link was shown to exist between people suffering from fibromyalgia, and those who showed severe magnesium deficiency."

It was observed in studies that patients who experience muscle pain, headache, and poor sleeping habits may have a deficiency in magnesium, and that handling this deficiency could ward off some of the symptoms of fibromyalgia. The Turkey based study, conducted by Selda Bagis, M.D., noted that among fibromyalgia patients, those with lower levels of magnesium showed more symptoms related to the disease, and these symptoms were more severe.

Pure Vitality Minerals offers a magnesium oil spray with the goal of helping people avoid magnesium deficiency. The spray, which can be seen at <http://www.amazon.com/Magnesium-Oil-Spray-8oz-Exceptionally/dp/B010V8TPU6>, has been found to help

produce melatonin, which has been shown to promote healthier sleeping habits.

According to customers who have purchased the oil, it can alleviate pain and other symptoms of fibromyalgia. "I suffer from fibromyalgia, and arthritis. To my surprise, this magnesium oil was exactly what I needed. I came home after a really long day at work and was in an awful lot of pain. I sprayed five pumps on the bottom of my feet, and rubbed it in a circular motion for a minute or two, and it really helped with the pain and discomfort," says Anne, an Amazon customer.

It has also been found that along with relieving pain and muscle spasms, the magnesium oil spray can help to relieve headaches and other discomfort brought on by fibromyalgia. The company has endeavored to ensure that the purity of the magnesium oil is such that it can qualify for use in pharmaceutical and food products, in addition to topical application.

Those who are interested in learning more can visit the company on their official website or on their seller's page on the Amazon marketplace.

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For more information about Pure Vitality Minerals, contact the company here: Pure Vitality Minerals Keegan Allen +15036084615 keeganallen@purevitalityminerals.com 9450 SW Gemini Dr #41107 Beaverton OR 97008 7105

Pure Vitality Minerals

The Online Connection launched the Pure Vitality Minerals brand in response to demand for a high quality, pure Magnesium Oil sourced in the USA.

Email: keeganallen@purevitalityminerals.com

Phone: +15036084615



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