



Connolly Family Chiropractic is Now Palmercare Chiropractic Columbia Offering Chiropractor Services in Columbia Maryland

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Connolly Family Chiropractic has announced that they are now Palmercare Chiropractic Columbia, which is based in Columbia, Maryland. Dr. Kelan Connolly, who owned Connolly Family Chiropractic, decided to partner with Dr. Corey Malnikof, owner of Palmercare Chiropractic, to become Palmercare Chiropractic Columbia because of the reputation of Palmercare as a leading provider of chiropractic services using a drug-free and holistic approach. In addition, Palmercare Chiropractic also provides a range of other services, such as massage therapy, physiotherapy, prenatal chiropractic care, acupuncture, therapeutic modalities, rehabilitation, custom orthotics, spinal and postural screenings, and hand reflexology. Furthermore, they will soon be providing pediatric care.

Dr. Kelan Connolly says, "We provide innovative healthcare that combines chiropractic methods with advanced technologies to achieve optimal results. We can offer treatment for a broad range of issues, including back pain, migraines, fibromyalgia, neck pain, fatigue, and many other conditions. They are also capable of providing specialized care for athletes, children, and pregnant women. We will always take the time to really listen to each of our patients and work together with them closely to create a customized

treatment plan. Schedule an appointment with us today and discover why we're America's most trusted provider of chiropractic care. Those who are interested can learn more [here](#).

It is also important to realize that chiropractic care is so much more than a quick fix for neck and back pain. Babies and children who have a problem with bedwetting, ear infections, colic, and feeding issues may also find relief with chiropractic care. Their goal is to make patients feel comfortable while they are at home and ready to start healing. They will first determine if a particular person is a good chiropractic candidate, and once this has been ascertained, they will develop a customized plan for health and wellness.

They offer spinal manipulation for treating a broad range of pains and aches in the extremities, such as the feet, knees, ankles, wrists, hips, shoulders, and elbows. The spinal adjustments may be used to bring back nerve flow and relieve pain in the extremities. They offer a range of active and passive therapies, such as exercises, soft tissue massage, stretches, and ultrasound therapy, may be utilized in combination with adjustments to improve their efficacy.

They can also provide specialized chiropractic services that have been tailor-fitted to the requirements of athletes, such as sports injury prevention, pain reduction, natural performance enhancement, healing, and recovery. Many Olympic and professional athletes are opting for chiropractic healthcare because it offers drug-free and non-invasive solutions for the treatment of their injuries and optimizing their performance.

Headaches and migraines are common problems that may also be treated by chiropractic care. While headaches and migraines are often treated with prescription or over-the-counter medications, these do not actually address the real cause of the pain. Chiropractors consider headaches to be an indication of disequilibrium in the body and they are able to offer lasting pain relief by restoring the balance of the body. It is important to understand that chronic headaches and migraines are often related to problem with the structure of the body, such as cervical disc problems, misalignment of the neck vertebrae, poor posture, and muscle tension.

Palmercare Chiropractic Columbia approaches pain management differently while assuring that patients will enjoy a holistic and drug-free approach to addressing their problems. They use a combination of massage therapy, physiotherapy, reflexology, chiropractic adjustments, and other modalities to achieve a holistic strategy of addressing the patient's issues. Palmercare offers its services in various locations, including Alexandria, VA; Atlanta, GA; Bethesda, MD; Buffalo, NY; Centreville, VA; Colleyville, TX; Columbia, MD; Fairfax City, VA; Falls Church, VA; Lakewood, CO; Irving, TX; Leesburg, VA; Lovettsville, VA; Mansfield, TX; McLean, VA; Sterling, VA; Washington, DC; and Woodbridge, VA.

Those who are interested in knowing more about the Columbia chiropractor services provided by Palmercare Chiropractic Columbia can check out their website, or contact them on the phone or through email. They are open from 9:00 am to 7:00 pm, on Mondays and Wednesdays; from 3:00 pm to 7:00 pm on Tuesdays; from 9:00 am to 5:00 pm on Fridays; and 9:00 am to 11:00 am on Saturdays.

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For more information about Palmercare Chiropractic Columbia, contact the company here: Palmercare Chiropractic Columbia Dr. Kelan Connolly 4435463810 palmercare@palmercare.com 6851 Oak Hall Ln Ste 301 Columbia, MD 21045

Palmercare Chiropractic Columbia

Here at Palmercare Chiropractic Columbia, we have the best chiropractor who is addressing the needs of the members of our community who suffer from chronic pain and other discomforting, painful conditions.

Website: <https://www.columbia.palmercare.com/>

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