



## Chiropractic Care Provider in Panama City FL Earns Another Five Star Review

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Bay Clinic of Chiropractic, a chiropractic clinic located in Panama City, FL, is proud to announce they have received another five-star review. The chiropractic practice has gained a reputation as a five star service provider in Panama City, which is part of the Panama City-Lynn Haven, Florida metropolitan statistical area. It is headed by Dr. Tony Salamay DC MS FASA, who has already treated many patients suffering from chronic and acute pain.

This chiropractic practice has an enviable overall rating of 5.0 out of 5 stars on Google after getting more than 200 reviews. In the above-mentioned review, Mike T. says, "I have been coming here for a few months now. I have had nothing but excellent service. Friendly staff. They are very thorough and take the time to see what care is best for you. They provide education based on you and a treatment specifically for your needs. Would definitely recommend."

With his reputation spreading fast, Dr. Salamay has been seeing many patients not just from Florida but also

from out of state. Some of the most challenging cases he has handled include: chronic conditions such as diabetes, asthma, inflammation, ADHD, autism, and others; chronic headaches and chronic fatigue syndrome; chronic pain, including failed neck and back surgery; carpal tunnel syndrome; arthritis; hormonal imbalances; fibromyalgia; rheumatism; multiple sclerosis; and many more.

Dr. Salamay says, "Functional medicine is a philosophy of medicine that involves treating the root cause of pain and illness in a natural and holistic way."

Dr. Salamay obtained his BS degree with honors from Logan University, St. Louis in 2004. Next, he went to the famous Life College of Chiropractic and completed his chiropractic degree after four years. He was included in the Dean's List before he became a Doctor of Chiropractic. In 2010, he finished his MS degree in human nutrition with cum laude honors from the University of Bridgeport. He is currently busy earning a diploma in functional neurology at the Carrick Institute of Graduate Studies.

Chiropractic medicine is based on the idea that as part of the regular wear and tear suffered by the neck and spine, including accumulated trauma due to physical injury or illness, the neck and spine get pushed out of alignment. Such misalignments can result in terrible back pain and result in pinched nerves, which happen because pressure is exerted on a nerve by surrounding tissues, such as muscles, tendons, cartilage, and bone. These are known as subluxations and can happen all throughout the body, resulting in pain and reduced mobility.

A pinched nerve can be caused by herniated discs or bulging discs, inflamed facet joints, or bone spurs. After determining the cause of the pinched nerve, the chiropractor will determine the best course of treatment, which typically depends on the cause and the location of the pinched nerve. The idea is to relieve the pressure on the nerve and the chiropractor usually does this with manual manipulation, including massage therapy. For pinched nerves due to spine misalignment, the chiropractor can manipulate the bones back into their proper position.

Established in 2010 by Dr. Tony Salamay, Bay Clinic of Chiropractic is a chiropractic and functional medicine wellness clinic found in Panama City near the Bay Medical Center. Dr. Salamay has been a part of the medical community in Panama City for six years, assisting people to get well and enjoy healthy lives with various kinds of functional medicine treatments. Functional medicine focuses on the treatment of the root cause of the pain and illness in a holistic and natural manner. These functional medicine treatments include chiropractic adjustments and laboratory and nutritional counseling. In addition to chiropractic medicine, Dr. Salamay's areas of expertise include chronic pain, spinal injuries, metabolic disorders, and functional neurology. Metabolic disorders treated at his previous clinic include fibromyalgia, gastrointestinal problems, diabetes, chronic fatigue, and autoimmune disorders.

Those who are interested in learning more about the services provided by Bay Clinic of Chiropractic can check out their website or contact them on the phone or through email.

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For more information about Bay Clinic of Chiropractic, contact the company here: Bay Clinic of Chiropractic Dr. Tony Salamay (850) 785-9372 drsalamay@gmail.com Bay Clinic of Chiropractic 520 N MacArthur Ave Panama City, Florida 32401

## Bay Clinic of Chiropractic

*Dr. Tony Salamay of Bay Clinic of Chiropractic, located in Panama City, Florida, is focused on improving your health and physical well-being by laying stress on the brain-body connection.*

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