

## Fruit Infused Water Bottle Launched On New Website

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Water-Licious, a business in Danville, CA, is proud to announce that they have launched a new website. The site is designed to provide people with more information on the benefits of drinking more water, and it encourages them to opt to drink fruit infused water to make it easier for them to increase their water consumption. Through the website, the company also introduces the fruit infused water bottle and people are encouraged to click here for further information.

Heidi Fraser from Water-Licious says: "More water helps us to hydrate and this in turns helps the body to eliminate toxins. In so doing, it helps the body lose fat as well. Those are just some of the reasons to drink more water, and we are glad to play a part in this."

The company has cited a number of scientific sources on the benefits of drinking fruit infused water. One such benefit is that it is so easy to consume both more water and more fruits, making it easy to obtain the necessary vitamins and minerals. It is also very important that people remain hydrated during exercise, and many fruits and vegetables help to increase energy levels. As such, by using fruit infused waters, people actually get two benefits at once.

Water-Licious also wants to point out the evidence regarding water helping people to detox. Research

findings show that water does this when consumed and when taking hot baths or enjoying saunas, for instance. Detoxing the body, meanwhile, means the digestive tract becomes stronger and better able to use nutrients. This, in turn can lead to significant weight loss.

"Water really is the building block of life and it is vital that we consume more of it," adds Heidi Fraser. "And we also know that consuming more fruits and vegetables is really important. Our water bottle offers both these benefits at the same time. We encourage everyone to like our Facebook page as well, as we will frequently share more information about the benefits of water, as well as giving people some great ideas on how to make their own infusions."

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For more information about Water-Licious, contact the company here:Water-LiciousHeidi Fraser831-480-5116info@water-licious.com1730 Commercial WaySanta Cruz, CA 95065

## **Water-Licious**

We are a small family owned company that want to help people improve their health by giving them a healthy and delicious way to drink more water. We love the outdoors and are avid bicyclists.

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