



Holistic Health & Healing Expo Offers a Comprehensive Journey Towards Health and Well-Being

September 18, 2023

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Mount Laurel, NJ - The Holistic Health & Healing Expo, a highly anticipated event dedicated to holistic living, is poised to captivate minds and inspire holistic enthusiasts on October 1, 2023, at the Westin Mount Laurel, nestled at 555 Fellowship Rd, Mount Laurel, NJ.

This extraordinary gathering promises to be a profound and enlightening experience as it unites a constellation of holistic experts, practitioners, and enthusiasts to explore the multifaceted aspects of holistic living.

The Holistic Health & Healing Expo, affectionately referred to as the HHH Expo, will feature a vast diversity of holistic living components, spanning the realms of Natural Pets, such as Melmos Organic Dog treats, Cedar Run Wildlife Center, and NJ Boxer Rescue. Organic vegan food vendors such as Hungry Hippy Eats and Amanda's Vegan Vibes, along with a non-alcoholic booze bar, Gem Life, will be present.

Fitness experts from Smart Bodies personal training and Baseck Training, functional and integrative health practitioners from Nutritional Wellness Center and South Jersey Physical Therapy, who bring an innovative east-meets-western medicine approach to physical therapy and spiritual intuitives will also attend.

Eco-friendly products from the Refill Market will be on display. This immersive event is thoughtfully designed to provide attendees with a well-rounded and deeply immersive experience in the holistic lifestyle.

Key Highlights of the Holistic Lifestyle Expo:

Enlightening Workshops: Immerse self in a thought-provoking journey through a wide spectrum of topics, such as Total Healing with Energy Medicine, Finding Community Through Fitness, Five Steps to Claiming Your Value, Blood Sugar Regulation, Akashic Records Workshop, Introduction to Pranic Healing: and an array of others.

These workshops, meticulously curated and led by renowned experts in their respective fields, offer invaluable insights and practical guidance. Sign up early to reserve a seat. They go fast.

Exhibitor Showcase: Attendees discover a range of exhibitors offering holistic products, services, and resources tailored to enhance their overall well-being. From chair massages to intuitive medical readings, unearth novel holistic and natural solutions, engage with seasoned practitioners, and stay ahead of the curve by exploring the latest trends in holistic living.

Connect with Kindred Spirits: Forge meaningful connections with individuals who share a fervor for holistic living. The HHH Expo creates an exclusive space for networking while simultaneously unraveling the latest developments in natural pet care, practical approaches to raising healthy kids, and seamlessly incorporating organic vegan food into daily life and simple changes to contribute to a sustainable and eco-friendly earth. Delve into the wisdom shared by experts committed to promoting a holistic approach to health and wellness.

Meet Functional and Integrative Health Practitioners: The Expo invites you to encounter functional and integrative health practitioners, hosting one-on-one consultations and educating about whole health wellness. Shae Marcus, the Event Founder, radiates excitement as she states, "Always thrilled to extend a warm welcome to all attendees at the Holistic Health & Healing Expo. Here, participants can embark on a transformative journey through the vibrant world of holistic practices and engage with luminaries in the field. The mission is to empower individuals to make informed choices about their health and well-being."

For ticket information, an exhaustive schedule of workshops, and additional details about the Holistic Health

& Healing Expo, please visit the website at www.hhhexpo.com, email: info@hhhexpo.com, Media Contact, Shae Marcus, Phone: 856-797-2227.

https://www.facebook.com/HHHEXPO/videos/231745756505480/?extid=CL-UNK-UNK-UNK-IO5_GK0T-GK1C&mibextid=O3DkYw

Take advantage of this unparalleled opportunity to embrace holistic living and embark on a journey toward lasting health and well-being. Join the Holistic Health & Healing Expo on October 1, 2023, and become a part of a vibrant community dedicated to holistic wellness.

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Natural Awakenings South Jersey

Natural Awakenings Magazine is South Jersey's healthy living magazine. We're your guide to a healthier, more balanced life.

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