



Desert Rose Wellness has Released a Product called Dr. Rosemary's Tea Therapy Breast Milk Booster

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Naples, FL - The milk tea therapy is available on Amazon at an affordable price. It affords its features from the main constituents fenugreek, anise, fennel and coriander.

The website Kelly Mom which features solid advice on parenting and breastfeeding recently mentioned something important about one of the main ingredients. Kelly Mom reported that "fenugreek is considered safe for nursing moms when used in moderation and is on the US Food and Drug Administration GRAS list."

This means that the ingredient in the milk tea is safe to use as a flavoring for different manufactured products. The drug resource website Drugs.com highlighted that "limited scientific data exist on the safety of fenugreek in nursing mothers or infants, although it has a long history of use as a food and medicine in India and China." However the resource would declare, "when used as a medicinal, it is generally well tolerated in adults."

The parenting resource Kelly Mom would further mention that fenugreek is used as a common food ingredient not only in India and China but also in Greece, North Africa and the Middle East. The fenugreek herb is also a basic ingredient of curry powder, often used in Indian cooking, and the Five Spice mixtures, often used in Asian cooking.

This long history of use of the fenugreek herb highlights the fact that it can be easily and safely used by adults. The main purpose of the milk tea as stated by Desert Rose Wellness is to assist in increasing breast milk production.

The milk tea is derived from a loose leaf mixture because of the different components of herbs in the package. Other substances added to the mixture to enhance taste include orange peel spearmint and lemongrass. There are other organic elements contained in the package that create a comprehensive blend designed to provide efficient results.

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For more information about Dr. Rosemary's Tea Therapy, contact the company here: Dr. Rosemary's Tea Therapy
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Dr. Rosemary's Tea Therapy

Dr. Rosemary is a Nationally Board Certified Acupuncture Physician trained in Traditional Chinese Medicine and Herbal Therapy.

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