



Sydney Holistic Dental Centre Enhances Health with SMART Amalgam Filling Removal Services

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Sydney Holistic Dental Centre is excited to unveil its enhanced focus on Amalgam filling removal services, adhering strictly to the rigorous protocols of SMART (Safe Mercury Amalgam Removal Technique). Aware of the health risks mercury amalgam fillings pose and recognizing the growing demand for their secure extraction, the Centre is dedicated to offering its patients a safer alternative that minimizes mercury exposure for both patients and dental staff. SMART Amalgam removal takes a comprehensively safe approach, employing numerous safety measures to significantly reduce mercury exposure during the removal process.

Amalgam mercury fillings, often referred to as silver fillings, include mercury, a substance known for its toxicity and the potential health risks it poses. Mercury vapor, invisible and without smell, can be inhaled and absorbed into the bloodstream, interfering with the body's biological functions and accumulating in essential organs, including the kidneys, liver, and brain. Thus, the safe removal of these fillings is crucial to eliminating a major mercury source in the body, and it's vital that this is done in a manner that avoids additional exposure. By adopting the SMART protocol, Sydney Holistic Dental Centre ensures that all amalgam removal procedures meet the highest safety criteria.

The SMART protocol, conceived by the International Academy of Oral Medicine and Toxicology (IAOMT), embodies a series of safety precautions, such as the utilization of protective attire, the implementation of a rubber dam to block mercury ingestion, and the employment of sophisticated filtration systems to capture both mercury vapor and particles. This methodical approach guarantees that the removal process safeguards patients, dental professionals, and the environment. For more details on our holistic approach and services, visit their website.

Robyn Farley, speaking on behalf of Sydney Holistic Dental Centre, stresses the significance of the SMART methodology: "At Sydney Holistic Dental Centre, we recognize our patients' concerns regarding mercury amalgam fillings. Adopting the SMART Amalgam removal technique underscores our dedication to the health and safety of our patients. Our expert team employs cutting-edge technology and adheres to strict protocols, making the removal process as secure and efficient as we possibly can."

This initiative to concentrate on amalgam filling removal services through the SMART protocol highlights Sydney Holistic Dental Centre's all-encompassing dental care approach. The clinic is committed to treating each individual holistically, acknowledging the intrinsic connection between oral health and overall well-being. Through safely removing mercury amalgam fillings, the Centre seeks to positively impact patients' general health and mitigate the risks linked to mercury exposure.

"We take pride in offering a service that not only improves oral health but also embodies our holistic health principles," Farley continued. "Our holistic dental specialists are dedicated to delivering treatments that foster overall health, with the SMART protocol for amalgam filling removal playing a critical role within our extensive health services."

Since its inception in 1983, Sydney Holistic Dental Centre has been at the forefront of holistic dentistry, providing everything from basic dental care to holistic health coaching. By integrating the SMART protocol for amalgam filling removal, the Centre is further reinforcing its commitment to delivering superior, health-conscious dental services to the Sydney area. For a comprehensive look at their holistic practices and the variety of services they offer, please visit their official website.

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For more information about Sydney Holistic Dental Centre, contact the company here: Sydney Holistic Dental Centre Robyn Farley (02) 9221 5800 shdc@shdc.com.au 17/111 Elizabeth St, Sydney NSW 2000

Sydney Holistic Dental Centre

Sydney Holistic Dental Centre has been enhancing people's oral and general health since 1983. Our clinic supports our holistic approach, with a calm and relaxing feel, and with state of the art technology to ensure quick and optimal treatments.

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