



Resurgence Behavioral Health's Newest Location in Riverside: A Comprehensive Sanctuary for Recovery

August 28, 2024

JURUPA VALLEY, CA - August 28, 2024 - PRESSADVANTAGE -

Riverside, California ? Resurgence Behavioral Health is helping patients achieve lasting recovery at its newest drug and alcohol addiction treatment facility in Riverside. Located in the Jurupa Valley, the rehab offers an expansive and serene environment tailored to people who need comprehensive care and personalized treatment to overcome addiction.

Its Riverside facility is designed to meet the diverse needs of those battling addiction and co-occurring mental health disorders. Each patient can expect a spacious and tranquil environment for healing when they come to Resurgence Riverside, which is uniquely positioned to provide a peaceful and spacious setting for recovery. The larger property ensures that people have the breathing room they need to focus on their healing journey, fostering an environment where people can feel safe, supported, and ready to engage in their recovery process.

At the heart of Resurgence Riverside's approach is its commitment to offering unparalleled medical and

therapeutic support. The facility boasts an on-site therapist and case manager, both available for weekly meetings to ensure that each patient receives personalized care and guidance throughout their stay.

In addition to the regular therapist and case manager sessions, the facility is staffed with Licensed Vocational Nurses (LVNs) who are available around the clock to meet all medical needs. A licensed dietitian is also available for those who require nutritional support to develop tailored meal plans and address any dietary concerns.

Understanding that recovery is a holistic process, Resurgence Riverside offers a range of amenities and activities designed to nurture the body and mind. An on-site gym is fully equipped with free weights, cable machines, squat racks, and more, allowing people to maintain their physical health during their stay. Regular hikes throughout Southern California and beach outings to nearby Orange County beaches gives patients the opportunity to connect with nature and enjoy the therapeutic benefits of outdoor activities.

Spiritual well-being is also supported, including off-site church participation on Sundays and routine off-site AA/NA meetings. For those needing personal care, haircuts are provided once a month, and a masseuse visits the facility three times a week, offering each person a weekly massage to aid in relaxation and stress relief.

Resurgence Riverside's location ensures that patients feel at home during their stay by providing comfortable and modern accommodations. Each room has twin-size beds, gender-specific suites, smart TVs compatible with Netflix, and individual air conditioning and heating systems. A limited number of single rooms are available for those seeking even more privacy.

Nutrition is a critical component of the recovery process, and Resurgence Riverside excels in this area by having on-site cooks who prepare breakfast, lunch, and dinner daily. Special diets are accommodated with care, and meals are separated for clients with food allergies to ensure their safety. Snacks are readily available and regularly restocked, and special food requests are handled whenever possible.

In addition to medical and nutritional support, Resurgence Riverside provides a robust educational curriculum to help clients build the skills necessary for lasting recovery. Programs include recovery education, relapse prevention, cognitive-behavioral therapy (CBT), dialectical behavior therapy (DBT), yoga, discharge planning, and adaptive coping skills. One-on-one therapy sessions allow clients to explore their challenges in a confidential and supportive setting.

Resurgence Riverside recognizes the importance of maintaining connections with loved ones and allows for family visits on Sundays, with prior approval. Clients can also schedule nightly phone calls with their families using the facility's house phone.

Moreover, emotional support animals (ESAs) and service animals are welcome at the Riverside location, provided they are vaccinated and trained and their owners can manage any issues.

Resurgence Behavioral Health's team is proud to expand its comprehensive care services to the Riverside community. This newer facility represents the company's unwavering commitment to providing compassionate, evidence-based care in an environment that promotes healing and growth. Whether seeking recovery for oneself or a loved one, Resurgence Riverside offers the support, structure, and serenity needed to embark on a successful recovery journey.

For more information about the Riverside location, call Resurgence Behavioral Health at 855-458-0050 or visit its website.

Resurgence Behavioral Health is a leading provider of comprehensive addiction treatment services. With multiple locations across California, patients can receive evidence-based therapies, holistic treatments, and supportive programs from a dedicated team of professionals in order to achieve and maintain long-term recovery.

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For more information about Resurgence Alcohol & Drug Rehab Riverside, contact the company here: Resurgence Alcohol & Drug Rehab Riverside David Rofofsky +19498996003 info@resurgencebehavioralhealth.com 3686 Pacific Ave, Jurupa Valley, CA 92509

Resurgence Alcohol & Drug Rehab Riverside

Resurgence Behavioral Health Riverside is the #1 addiction treatment center in Riverside, California, for alcohol & drug rehab as well as detox. From alcoholism treatment to heroin, meth cocaine as well as prescription drug addiction, we can help.

Website: <https://resurgencebehavioralhealth.com/california/riverside>

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