

PES | Adult Strabismus Center

PES Adult Strabismus Center Offers Expert Insights and Advanced Treatment Options for Intermittent Exotropia in Adults

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Intermittent exotropia, a condition where one or both eyes occasionally drift outward, is often associated with childhood but is increasingly recognized as a significant concern for adults. This complex form of strabismus not only affects visual alignment but can also impact depth perception, coordination, and overall quality of life. PES Adult Strabismus Center, a leading provider of specialized care for adult strabismus, has released a comprehensive guide titled Intermittent Exotropia in Adults to raise awareness about the condition and the available treatment options.

Intermittent exotropia presents a unique set of challenges for adults, ranging from occasional double vision and eye strain to difficulties with tasks requiring precise visual focus, such as reading and driving. Unlike constant forms of exotropia, where one eye remains misaligned at all times, intermittent exotropia often becomes more pronounced under specific conditions like stress, fatigue, or illness. This variability can make the condition difficult to diagnose and manage, yet early intervention is critical to preventing progression to constant exotropia or more severe symptoms.

According to the team at PES Adult Strabismus Center, intermittent exotropia may persist from childhood or develop later in life due to neurological conditions, thyroid disorders, or vision loss in one eye. Genetics can also play a role, as a family history of strabismus increases the likelihood of developing the condition. The team emphasizes that while some adults with intermittent exotropia are asymptomatic, many experience significant disruptions to their daily interactions and activities. For these individuals, expert care is essential to restoring visual comfort and functionality.

The recently published guide provides an in-depth look at the diagnostic process for intermittent exotropia, highlighting the importance of a comprehensive eye examination. This assessment includes measurements of eye alignment at varying distances, evaluations of binocular vision and depth perception, and detailed observations of eye movements under different conditions. These diagnostic steps allow specialists at PES Adult Strabismus Center to tailor treatment plans to each patient's specific needs, ensuring the best possible outcomes.

Treatment for intermittent exotropia in adults is highly individualized and depends on the severity of the condition and its impact on the patient's daily life. Non-surgical options, such as prism glasses, are often effective in reducing double vision and improving eye alignment. Fusional exercises, which strengthen the eye muscles and improve coordination, are another valuable tool in managing the condition. For cases that are more severe or unresponsive to non-surgical methods, eye muscle surgery may be recommended. This procedure involves adjusting the extraocular muscles to realign the eyes, enhancing both appearance and visual function.

While surgery for intermittent exotropia has a high success rate in terms of improving alignment, the guide emphasizes the importance of setting realistic expectations. Adults who have lived with the condition since childhood may not fully regain depth perception, but they can still benefit significantly from improved eye coordination and reduced visual strain. The team at PES Adult Strabismus Center works closely with each patient to provide a clear understanding of the potential benefits and risks of all treatment options, ensuring informed decision-making and personalized care.

Intermittent exotropia not only affects vision but can also have profound social and emotional implications. Misaligned eyes can impact confidence and self-esteem, making it difficult for individuals to maintain eye contact during social or professional interactions. The team at PES Adult Strabismus Center understands these challenges and is committed to helping patients navigate the physical and emotional aspects of the condition. By offering advanced diagnostic tools and a range of treatment options, the center empowers adults to take control of their vision and improve their quality of life.

For reporters covering advancements in eye health or patient-focused care, PES Adult Strabismus Center's latest guide provides valuable insights into an often-overlooked condition. With its focus on comprehensive

diagnosis, tailored treatment, and patient education, the center sets a new standard for adult strabismus care. Reporters are encouraged to reach out for expert commentary or detailed case studies, as the team at PES Adult Strabismus Center is eager to share their expertise and success stories.

Potential patients seeking more information about intermittent exotropia are invited to explore the full guide on the PES Adult Strabismus Center website. The guide offers a thorough explanation of the condition, its causes, and the available treatment options, making it an essential resource for anyone affected by adult strabismus. By visiting the website and scheduling a consultation, patients can take the first step toward clearer, more comfortable vision.

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For more information about PES Adult Strabismus Center, contact the company here: PES Adult Strabismus Center Dawn Lamb (817) 618-0511 info@pediatriceyespecialists.com 321 S Henderson St, suite c Fort Worth, TX 76104

PES Adult Strabismus Center

PES Adult Strabismus Center provides adults surgical treatment for strabismus, also known as lazy eye, crossed eye or misaligned eye. Strabismus surgery is more than a cosmetic surgery. It can also improve your vision.

Website: <https://alignmyeyes.com/>

Email: info@pediatriceyespecialists.com

Phone: (817) 618-0511

The logo for PES | Adult Strabismus Center is displayed within a dark blue rectangular box. The text is white and arranged in three lines: "PES | Adult" on the top line, "Strabismus" on the middle line, and "Center" on the bottom line. The text is bold and sans-serif.

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