



Boston Plastic Surgery Expands Services with GLP-1 Medications with Semaglutide and Tirzepatide Weight Loss Injections

April 24, 2025

QUINCY, MA - April 24, 2025 - PRESSADVANTAGE -

Boston, MA?Boston Plastic Surgery is pleased to announce the introduction of GLP-1 weight loss injections with semaglutide and tirzepatide, to its suite of wellness services. With this addition, the practice offers a science-backed solution for patients seeking sustainable weight loss and access to complementary procedures to complete their transformation. This holistic approach to weight loss makes Boston Plastic Surgery a premier destination for patient-centered care.

?Weight loss is deeply personal, and our goal is to help patients achieve results that enhance their confidence, and importantly, their health,? said Dr. Fouad Samaha, board-certified plastic surgeon and founder of Boston Plastic Surgery. ?Our patients have trusted us with their appearance and well-being for years, and we are excited to add a weight loss solution that can achieve significant, lasting results.?

GLP-1 receptor agonists such as semaglutide and tirzepatide have proven to be highly effective in supporting weight loss by regulating appetite and metabolism. These medications work by mimicking natural hormones that signal fullness and control blood sugar levels, helping patients achieve significant weight reduction and

improve metabolic health.

Dr. Samaha explained, "We began offering GLP-1s because this method of weight loss aligns with our core beliefs—that treatments should be safe and effective—and both semaglutide and tirzepatide are trusted weight loss medications. Our patients are seeing outstanding results without the deprivation of restrictive diets or the strain of unsustainable exercise regimens."

The practice's weight loss program stands out from other clinics or online suppliers offering weight loss injections with its physician oversight and tailored treatments. Patients who choose Boston Plastic Surgery for their GLP-1s undergo a thorough consultation and blood work analysis to determine which medication, semaglutide or tirzepatide, is best suited for their personal health history and goals. Patients have the option to receive the weekly injection at the practice or they can choose to have their GLP-1 medication shipped directly to their home for self-injections. This flexibility ensures patients have access to safe, physician-guided weight management solutions in a way that suits their lifestyle.

Understanding that lasting weight loss results require more than just medication, Boston Plastic Surgery incorporates personalized nutrition and exercise guidance into its medical weight loss program. This component provides patients with a nutrition plan that helps them fuel their bodies with essential nutrients for a healthier metabolism and exercise recommendations to preserve muscle mass so that their weight reduction is primarily fat loss rather than lean muscle loss.

"Our focus is not just on helping patients lose weight; we provide our patients with the tools they need to make long-term lifestyle changes that are easy to maintain long after they have reached their goal weight with GLP-1s," said female plastic surgeon Dr. Alannah Phelan. "Our patients often report that their treatment has changed their relationship with food and helped them break the eating habits that made weight loss so difficult for them."

In addition to receiving a tailored treatment experience, Boston Plastic Surgery patients have the significant advantage of working with a team of aesthetic experts who can address lingering fat deposits or skin laxity after significant weight loss. Dr. Samaha and Dr. Phelan are highly experienced in customizing a range of body contouring procedures, including liposuction, tummy tuck, and other lifting surgeries to help patients reveal their new shape as they achieve their weight loss goals.

"Medical weight loss is just one part of the journey for many of our patients," said Dr. Phelan. "We are here to help patients complete their weight loss transformation by offering surgical and non-surgical procedures that help fully achieve the aesthetic and functional improvements they're looking for."

Those interested in a medically supervised weight management treatment plan with semaglutide or tirzepatide weight loss injections can schedule a consultation by calling Boston Plastic Surgery at 617-786-7600.

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For more information about Boston Plastic Surgery, contact the company here: Boston Plastic Surgery Dr. Fouad Samaha 617-786-7600 info@bostonplastic.com 2300 Crown Colony Dr Suite 101, Quincy, MA 02169

Boston Plastic Surgery

Board-certified plastic surgeon Dr. Fouad Samaha has practiced plastic surgery in the Boston area since 1993. He offers cosmetic procedures and non-surgical treatments at Boston Plastic Surgery alongside Dr. Alannah Phelan and a medical spa team.

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