



“Providers know there’s growing interest in hormone therapy, especially TRT and BHRT,” said Misleh. “But many don’t feel adequately trained to implement it. This course gives them a complete clinical roadmap—based on real protocols and patient experience—not outdated textbooks or corporate models.”

The self-paced course includes more than 12 hours of video instruction, covering foundational and advanced clinical material. Students also receive downloadable hormone protocols, lab interpretation charts, symptom tracking templates, intake and consent forms, and other essential tools designed to support their work with patients from day one. The course is structured around clinical scenarios and practical case-based learning, making the content highly relevant and applicable in real-world settings.

Core curriculum topics include:

Testosterone optimization and management for men

Estradiol and progesterone prescribing for women

Monitoring labs, interpreting results, and adjusting doses

Managing side effects and troubleshooting patient concerns

Legal and safe prescribing practices for BHRT

Incorporating thyroid optimization into hormone treatment plans

Participants will also gain access to HRT University’s private provider community, where they can ask clinical questions, share insights, and receive peer guidance from others in the field. This collaborative environment adds tremendous value to the course experience, ensuring that learning doesn’t end when the modules do.

“Our goal is to make hormone therapy training more approachable and grounded in real-world medicine,” said Misleh. “This is the kind of course I wish existed when I first started prescribing hormones. It’s focused, strategic, and built to empower providers at any level.”

HRT University has announced plans to submit the Master Course for CEU/CME accreditation later this year, which will make it eligible for continuing education credits—a key benefit for providers looking to maintain their licenses while expanding their clinical skillset.

With demand for hormone therapy rising across the country, especially among aging populations and

wellness-conscious patients, many providers are looking for high-quality education that aligns with modern clinical practice. The HRT Master Course provides a clear, strategic entry point without the need for expensive franchise models, sales gimmicks, or cookie-cutter treatment plans.

"This course is for providers who want to get good at hormone therapy," Misleh added. "It's clinical. It's comprehensive. And it's built to help you feel confident with your first patient or your hundredth."

To learn more or register for the course, visit: <https://hrtuniversity.com/hrtcouse/>

#### About HRT University:

HRT University is a continuing education platform built exclusively for licensed medical providers who want to master hormone replacement therapy and offer high-quality care through cash-based, independent practice models. Through self-paced online training, evidence-backed protocols, and expert mentorship, HRTU equips providers to improve outcomes with TRT, BHRT, and thyroid optimization. Learn more at [www.hrtuniversity.com](http://www.hrtuniversity.com).

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### **HRT University**

*HRT University is an educational platform created for licensed providers who want to master hormone therapy and grow independent, cash-based clinics. Through online courses, in-person trainings, and a collaborative community.*

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