



New EDS Pain Relief Exercises Announced by Muldowney Physical Therapy

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Muldowney Physical Therapy in Cranston, Rhode Island, has announced a unique protocol of exercises that are designed to help ease the pain of EDS sufferers. The exercises are offered in a book that according to readers, has been very effective in relieving pain. One EDS patient who has read the book and tried the exercises states, "This book is a blessing for those with EDS & Hypermobility."

Ehlers-Danlos Syndrome, more commonly referred to as EDS, is a connective tissue disorder that affects the collagen in the body. Collagen acts like a glue that supports and connects structures, such as skin, muscles, blood vessels, and ligaments. People who suffer from EDS experience problems with their collagen, and their pain is not always evident. To the world, they may seem perfectly healthy.

Because of their invisible pain, those suffering from this disorder are often ostracized and very often misdiagnosed. Many are sent to psychiatric hospitals because doctors believe that they are not truly suffering from any pain and that their symptoms are all in their heads.

The new book by Physical Therapist and EDS specialist Kevin Muldowney offers amazing insight and an

exercise protocol for both sufferers and care givers for dealing with EDS pain relief. The exercises were developed by the author, who has many years specialised experience with this disorder and methods of treating it.

Muldowney states that the protocols used in the book are designed to treat the entire body and incorporate manual therapy, graduated exercise progression, and education for the patient. He points out that he and his staff at Muldowney Physical Therapy work with each patient to meet their unique needs, and listen to the specific issues faced by the individual. He says that the protocol he has developed will guide the patient's therapist on how to help each patient, allowing them to achieve a higher quality of life.

Kevin Muldowney, MSPT, has been treating people with Ehlers-Danlos Syndrome since 2005. As a physical therapist, he has developed an exercise protocol to help stabilize the many joint subluxations/dislocations associated with this genetic disorder.

Those who are interested in learning more about the book published by Muldowney or about the physical therapy clinic and the services that they offer can do so on the company's official website.

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For more information about Muldowney Physical Therapy, contact the company here: Muldowney Physical Therapy Kevin Muldowney (401) 270-2211 muldowneypt@gmail.com 667 Atwood Ave, Cranston, RI 02920

Muldowney Physical Therapy

Kevin Muldowney MSPT is the owner of Muldowney Physical Therapy and the author of the book "Living Life to the Fullest With Ehlers-Danlos Syndrome"

Website: <http://www.muldowneypt.com/>

Email: muldowneypt@gmail.com

Phone: (401) 270-2211

