

Active Chiropractic Highlights Clinical Leadership of Neuropathy Director, Gigi Dube-Clark

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Active Chiropractic is proud to highlight the clinical leadership of Gigi Dube-Clark, MSN, RN, who serves as Neuropathy Director and SoftWave Clinical Lead. Drawing on more than 28 years of experience as a registered nurse in emergency department settings, Gigi guides individualized protocols aimed at supporting nerve function, addressing symptoms, and contributing to quality of life for patients with neuropathy-related concerns. Her role reflects the practice's multidisciplinary model that pairs chiropractic care with regenerative and supportive therapies.

Gigi's professional background encompasses care for adults, children, and seniors across diverse clinical situations. The transition from traditional emergency medicine to a chiropractic wellness setting has shaped her focus on long-term wellness approaches. In her capacity as Neuropathy Director, she develops comprehensive care plans that may include SoftWave Tissue Regeneration Therapy, chiropractic adjustments, lifestyle considerations, and nutritional support. As SoftWave Clinical Lead, she oversees application of the acoustic wave technology used at the practice to stimulate cellular processes, support tissue response, and address inflammation associated with various conditions.

SoftWave Therapy at Active Chiropractic employs FDA-cleared acoustic sound waves designed to promote blood flow, reduce inflammation, and activate natural regenerative mechanisms at the cellular level. The modality is applied in the context of neuropathy and related soft tissue concerns as part of non-invasive protocols. Neuropathy treatment plans begin with thorough evaluation to identify contributing factors such as diabetes-related nerve changes, chemotherapy-induced peripheral neuropathy, vitamin deficiencies, or other sources of nerve irritation. Interventions may combine SoftWave sessions with spinal adjustments intended to address mechanical influences on nerve pathways, along with guidance on nutrition and daily habits.

Dr. Molly Hall, chiropractor and owner of Active Chiropractic, commented on the collaborative structure. "Integrating experienced nursing leadership with chiropractic and regenerative modalities allows the team to

address joint, nerve, muscle, and ligament factors in a coordinated manner,” said Dr. Hall. “This supports customized plans focused on function and patient education.”

Gigi Dube-Clark, Neuropathy Director and SoftWave Clinical Lead at Active Chiropractic, described the team-oriented environment. “When you see one of us, you’re seeing all of us,” said Gigi. “Shared insights among providers and openness with patients create conditions for continuous learning and coordinated care.”

The practice maintains a broader team that includes chiropractors Dr. Matthew Murphy and Dr. Ahni Ruzsa, who apply techniques ranging from diversified and instrument-assisted adjustments to rehabilitation-focused methods such as Dynamic Neuromuscular Stabilization and dry needling. Massage therapists contribute licensed bodywork modalities including Swedish, deep tissue, craniosacral, and related approaches. Additional services encompass dry needling, red light therapy, acupuncture, and lifestyle education on ergonomics, exercise, and nutrition. All clinical providers operate under applicable professional licensing and certification standards.

Active Chiropractic’s approach emphasizes assessment of individual history and goals to develop plans that target underlying factors rather than isolated symptoms. SoftWave applications are positioned within this framework for conditions involving soft tissue, joint, and nerve-related presentations. The neuropathy program specifically incorporates multi-disciplinary elements intended to support sensation, mobility, and daily function.

Dr. Molly Hall established the practice following her 2005 cum laude graduation from Logan College of Chiropractic and an internship focused on musculoskeletal concerns in pregnancy. Certifications in Active Release Technique and Neurokinetic Therapy inform her work with chronic soft tissue issues and prenatal care. The clinic has grown into a facility offering coordinated services that combine chiropractic principles with complementary modalities under a model prioritizing patient education and root-cause consideration.

Administrative support from practice managers and assistants facilitates operations. The overall structure centers on trust, activity, independence, and tools for sustained health management. By placing nursing expertise in leadership roles for neuropathy and SoftWave protocols, Active Chiropractic maintains a framework in which clinical experience from emergency care informs wellness-oriented interventions.

This configuration allows the practice to address a range of presentations through non-invasive methods while maintaining collaboration across disciplines. Gigi’s dual leadership roles in neuropathy direction and SoftWave clinical oversight illustrate the integration of nursing perspective with regenerative technology and

chiropractic care within the established team model.

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For more information about Active Chiropractic, contact the company here: Active Chiropractic Molly Hall 919-832-3365 info@activechiroraleigh.com 3410 Six Forks Rd, Raleigh, NC 27609

Active Chiropractic

Founded in 2005 by Dr. Molly Hall, a passionate chiropractor and health advocate, we are proud to be a holistic healthcare provider located in the heart of Raleigh, North Carolina.

Website: <https://www.activechiroraleigh.com/>

Email: info@activechiroraleigh.com

Phone: 919-832-3365

