



Grey Matters International Announces Innovative Approach To Couples Counseling

May 23, 2016

May 23, 2016 - PRESSADVANTAGE -

Grey Matters International Inc. a global neuroscience-based concierge services firm, has announced an innovative new approach to couples counseling. The company states that their marriage and couples repair work is designed to match relationships in the 21st century. Dr. Kevin Fleming says that modern marriage counseling has not been truly adapted to modern couples, and that there needs to be a new way of viewing a couple's change strategies if some "therapy" is going to work.

"The amount of information overload we all have begs for a new way of thinking, feeling, and healing conflict we have internally and between each other," says Dr. Kevin Fleming of GMI.

Dr. Fleming states that multitasking has been found to increase the production of the stress hormone cortisol as well as the hormone adrenaline. He states that the brain can become over stimulated and mentally foggy as a result of trying to do too many things at once. There are executive operating systems of the brain that seem to 'run the show' underneath all our best intentions to listen and follow healthy instructions to change.

The company also says that traditional marriage counseling often fails because the methods of traditional

couples' counselors do not attempt to truly change behavior. Dr. Fleming says that most counselors today are still stuck in the past, and using counseling techniques that actually do not match the realities of neuroscience of breaking habits. In Dr. Fleming's eyes, insight and understanding through a verbal mode of "working out issues" may be at best a necessary but not sufficient condition to get folks unstuck.

"These failures in traditional couples counseling can all lead to not just a new couples therapist," says Dr. Fleming, "but a new way of changing how we go about changing, done both philosophically by including decisional neuroscience and operationally by including neurotechnology to bust through irrationality of human beings. All this points to a radical need to support a redefining of sustaining loving relationships."

Dr. Fleming travels anywhere in the world, and goes into the homes, getaway locations, or wherever they feel most comfortable to assist them. He provides wellness counseling on a number of topics, particularly those pertaining to couples and marriages. His clients range from corporate executives to middle class married couples, and he provides a wide range of solutions and options to cover a number of different wellness issues.

For complete details on Dr. Fleming, and his unique and innovative approaches to couples transformation and other mental health solutions, interested parties can visit the Founder, Dr. Fleming, on his official website at Grey Matters International Inc.

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For more information about Grey Matters International Inc., contact the company here: Grey Matters International Inc. Dr. Kevin Fleming 1-877-606-6161 info@greymattersintl.com 1611 S. Utica Ave. #111 Tulsa, OK 74104-4909

Grey Matters International Inc.

We are change agents bringing cutting edge decisional neuroscience to the concierge model of care. Specializing in executive wellness, substance abuse & relationship therapy for individuals tired of the typical ?feel good? coaches, trainers & shrinks.

Website: <http://greymattersintl.com>

Email: info@greymattersintl.com

Phone: 1-877-606-6161

