



Awaken Chiropractic Announces August Kids? Month Offering Complimentary Assessments For Children Under 18

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Awaken Chiropractic has designated August as Kids? Month and is offering complimentary assessments and x-rays if needed for children under 18 throughout the month. The initiative supports the practice?s focus on pediatric chiropractic care in Gainesville and provides families an opportunity to evaluate spinal health as the school year begins. As chiropractors in Gainesville, FL, the team at Awaken Chiropractic presents these assessments as part of its commitment to community wellness for younger patients.

The practice specializes in neurologically based chiropractic care that includes spinal re-alignments suitable for individuals of all ages, from infants to seniors. Adjustments are described as safe and effective, with techniques adapted for children. The team holds extensive training in pediatric and maternal care, which informs the approach used during assessments for younger patients.

Dr. Shane Semegon and Dr. Brittany Semegon founded the practice after growing up in Gainesville and

completing their undergraduate studies at the University of Florida. Both earned their Doctor of Chiropractic degrees at Palmer College of Chiropractic Florida, where they received advanced training in neurologically based methods. Following graduation, they gained clinical experience at Cornerstone Family Chiropractic in Alabama. That office was recognized as the largest chiropractic practice in the state and one of the largest pediatric offices in the Southeastern United States. Their time there strengthened skills in family-focused and pediatric care before they returned to Gainesville to establish Awaken Chiropractic.

Dr. Shane Semegon developed an early interest in the field through his father's chiropractic practice. He observed the application of specific adjustments for a range of concerns and later pursued scientific, principled methods. He has noted a strong interest in family and pediatric care developed during his work in a high-volume pediatric setting. Dr. Brittany Semegon has shared observations from her own experiences with chiropractic care during pregnancy and family life. The couple has a daughter named Juniper, and their family background contributes to the practice's emphasis on serving patients across age groups.

During Kids' Month, children under 18 may receive a complimentary assessment, with x-rays included if determined to be needed as part of the evaluation process. The practice frames this as an opportunity for families to review spinal health in a structured clinical setting. Assessments form part of the standard new-patient process, which typically includes consultation, examination, and a report of findings, followed by recommendations based on individual findings.

Dr. Shane Semegon commented on the focus of the month. "Designating August as Kids' Month allows the practice to emphasize the role of early spinal assessments for children in the Gainesville community," said Dr. Shane Semegon, chiropractor at Awaken Chiropractic. "Our training in pediatric settings supports the delivery of age-appropriate evaluations."

Dr. Brittany Semegon added context on the team's approach. "The extensive experience gained in pediatric care informs how assessments are conducted for younger patients," said Dr. Brittany Semegon, chiropractor at Awaken Chiropractic. "This initiative reflects the practice's ongoing work with families."

The practice mission centers on providing chiropractic care along with tools intended to support overall health and wellness over a lifetime. The team aims to improve community health by offering science-backed, ethical, and principled services. Spinal re-alignments are presented as a means to address factors that may contribute to discomfort or limited function, with care plans customized according to each patient's needs, lifestyle, and goals.

In addition to the founding doctors, the team includes other providers with training in pediatric care. The collective experience allows the practice to serve a broad range of patients while maintaining a focus on natural and specific techniques. Educational materials available through the practice discuss the application

of chiropractic care for children, noting that adjustments for infants and younger patients use very gentle methods tailored to developing spines.

Kids? Month occurs as many families transition into the school year. The complimentary assessments provide a structured way for the practice to engage with pediatric patients during this period. The initiative is available throughout the month of August and is consistent with the practice?s established services for children.

Awaken Chiropractic maintains a patient-centered environment in which evaluations begin with a thorough review of health history and current presentation. For pediatric cases, the process is adapted to the age and comfort of the child. Findings are reviewed with parents or guardians, and any recommended care is discussed in the context of overall wellness strategies.

The practice?s return to Gainesville after experience in a large pediatric office reflects a deliberate choice to serve the local community. Drs. Shane and Brittany Semegon have expressed a goal of positively impacting community health through their work. The Kids? Month assessments form one expression of that focus by making initial evaluations more accessible for families during August.

Chiropractic care at the practice is presented as complementary to other forms of health management. Assessments help identify potential spinal factors that may relate to comfort or function, while encouraging coordination with primary care providers when appropriate. The team emphasizes principled methods grounded in the education received at Palmer College of Chiropractic.

Throughout the year, Awaken Chiropractic continues to offer services for patients of all ages. The concentration on pediatric care during Kids? Month highlights one aspect of the broader clinical work. The complimentary assessments and potential x-rays are limited to children under 18 and are available for the duration of August as stated by the practice.

The founders? backgrounds in both academic training and high-volume clinical settings support the delivery of consistent care. Their shared history in Gainesville and subsequent professional development contribute to the practice?s orientation toward family wellness. Kids? Month provides a designated period to apply that orientation through structured pediatric evaluations.

Awaken Chiropractic remains focused on ethical standards and science-informed approaches. The current initiative aligns with the established mission of supporting community members in maintaining health across the lifespan, beginning with attention to spinal alignment in childhood. The team continues to apply training in pediatric and maternal care within the context of routine clinical services.

As the month proceeds, the practice will conduct the offered assessments according to standard clinical protocols. Each evaluation is individualized, with x-rays utilized only when indicated by the examination findings. This process reflects the practice's approach to thorough and careful assessment for younger patients.

The designation of August as Kids' Month at Awaken Chiropractic underscores the role of early attention to spinal health within the practice's overall model of care. By offering complimentary assessments during the month, the team extends its pediatric services in a manner consistent with its training and community-oriented goals.

Awaken Chiropractic is a chiropractic practice in Gainesville, Florida, dedicated to neurologically based care for patients of all ages. Founded by Dr. Shane Semegon and Dr. Brittany Semegon, the team provides spinal re-alignments and wellness support informed by accredited training and extensive experience in pediatric and family care.

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Awaken Chiropractic

Our team of experienced chiropractic care professionals in Gainesville, FL are here to make sure that you have the best experience possible. To

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