



Internal Medicine

(305) 456-6026

2655 S Le Jeune Rd, Suite 902,
Miami, FL 33134

Dr. Yeisel Barquin

WWW.INTEGRATIVEHEALTHMIAMI.COM

Integrative Health Miami Expands Personalized Internal Medicine Services

August 05, 2026

MIAMI, FL - August 05, 2026 -

Integrative Health Miami is expanding access to its internal medicine services for adults in Aventura and the greater Miami area in response to growing demand for relationship-based primary care focused on prevention, continuity, and long-term health.

Led by board-certified internal medicine physician Dr. Yeisel Barquin, the practice is expanding access to coordinated, comprehensive care. Patients can receive personalized attention, ongoing support, and health strategies tailored to their needs based on their individual health situation and goals.

?

Integrative Health Miami provides primary care for adults seeking a consistent medical home in an internal medicine setting. This approach gives patients more time for thorough discussions, ongoing health review, and continuity with a provider who knows their history. Dr. Barquin evaluates and manages a range of adult health conditions and works with patients to help reduce their health risks. She coordinates with specialists when needed but remains the primary contact for long-term care. The practice's integrative approach

includes a thorough evaluation that considers lifestyle and environmental factors.

?

Many patients present with concerns developing over time, such as weight changes or effects of multiple chronic conditions. Through one-on-one consultations and personalized plans, Integrative Health Miami supports a more proactive, coordinated model of care that focuses on overall well-being and long-term management.

?

In addition to internal medicine, Integrative Health Miami offers services including primary care, functional medicine, women's wellness, obesity and weight management, mental and behavioral health, and executive medicine services for adults. Patients can access these services through one practice, where lab results, symptoms, medical history, and lifestyle factors are reviewed together as part of their care. This integrated approach can help streamline care and make it easier for patients to address multiple needs.

?

The practice remains focused on prevention, continuity, and whole-person adult care. This approach emphasizes risk assessment, age-appropriate screening, and timely follow-up when concerns arise, combining conventional and lifestyle-focused care.

?

Executive medicine services include comprehensive assessments and flexible follow-up options tailored to patient needs and schedules. Integrative Health Miami also addresses factors such as stress and sleep as part of overall health management for adults. This model is designed to help adults stay on track with checkups and follow-up care, supporting long-term health management.

?

Patients often value extended visit time, continuity, and easier access to follow-up appointments. Adults seeking more continuity in care may appreciate relationship-based care, including a better understanding of their medical history and priorities.

?

To help residents explore internal medicine options in Aventura, Integrative Health Miami provides information about its philosophy and services on its website. Visitors can find details on internal medicine, integrative primary care, and how functional medicine complements conventional care. Prospective patients can review common concerns discussed in care, including chronic disease risk, digestive concerns, sleep issues, and mood-related symptoms, and learn more about the preventive, patient-centered approach. The practice emphasizes clear communication, shared decision-making, and careful follow-up as core elements of its model.

?

For Miami-area residents, Integrative Health Miami offers a prevention-focused option for adult primary and internal medicine care. Beyond Miami, FL, Integrative Health Miami also serves nearby areas, including Aventura, Coconut Grove, Coral Gables, Fort Lauderdale, Key Biscayne, Miami Beach, Pinecrest, and South Miami.

?

Integrative Health Miami welcomes adult patients from Aventura, Miami, and the surrounding areas. For appointments or more information on Dr. Barquin and services, visit <https://integrativehealthmiami.com/> or call (305) 456-6026.

?

About Integrative Health Miami

Integrative Health Miami provides personalized care and preventive medicine with a holistic, integrative approach that combines conventional medical care with lifestyle-focused strategies for adults. It offers traditional primary care, functional medicine, obesity and weight management, mental and behavioral health services, and executive medicine services.

###

For more information about Integrative Health Miami, contact the company here: Integrative Health Miami Dr. Yeisel Barquin (305) 456-6026 drbarquin@eudaimoniamiami.com 2655 S Le Jeune Rd #902, Miami, FL 33134, United States

Integrative Health Miami

Dr. Yeisel Barquin of Integrative Health Miami is a board-certified Internal Medicine physician who offers a personalized holistic health approach.

Website: <https://integrativehealthmiami.com/>

Email: drbarquin@eudaimoniamiami.com

Phone: (305) 456-6026

