



Clear Chiropractic in Chattanooga Announces Back-to-School Supply Drive for Title 1 Elementary School

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Clear Chiropractic has initiated a back-to-school supply drive to collect donations for Woodmore Elementary School, identified as one of the Title 1 schools in the community. The effort, noted in a July 28 announcement on social media, involves gathering cash contributions or specific school supplies over a two-week period to support students preparing for the academic year.

The collection accepts donations of composition notebooks, spiral notebooks, wide-ruled paper, No. 2 pencils, crayons, dry erase markers, pink pearl erasers, glue sticks, hand sanitizer, Clorox wipes, paper towels, Kleenex, Astro Bright copy paper, and backpacks. Individuals may stop by the office to contribute these items or cash as part of the community-focused initiative.

Dr. Weston Clary founded Clear Chiropractic and serves as its chiropractor. He grew up in Verdigris, Oklahoma, and developed an early interest in health professions after observing family members with chronic

conditions. He earned a bachelor's degree in medical molecular biology and obtained an emergency medical technician license during undergraduate studies. He taught CPR courses and held leadership roles in the American Medical Student Association. Dr. Clary enrolled at Sherman College of Chiropractic in Spartanburg, South Carolina, where he earned advanced certification and proficiency in the torque release technique. He is one of only about a dozen practitioners in Tennessee holding this certification. After working for three and a half years in a large practice in Charlotte, North Carolina, he opened the office in November 2020.

The torque release technique forms part of the care approach at the practice, involving precise adjustments informed by Dr. Clary's training. The back-to-school drive represents an extension of community engagement beyond clinical services.

Kathryn serves as chiropractic assistant. Originally from Atlanta, Georgia, she graduated from Lee University with a degree in psychology and minors in music and deaf studies. She began as a patient at the practice in March 2022 and joined the team in October 2022. In her role, she supports daily operations and provides education on chiropractic principles, having participated in conferences alongside Dr. Clary.

Cassandra works as a team member. She moved from Washington State to Tennessee in June 2022 and started at the practice in October 2023. She assists with operational tasks that support the office environment.

The school supply collection aligns with broader community efforts to equip students at Title 1 schools with essential materials. Woodmore Elementary School serves as the designated recipient for the donated items and contributions gathered during the drive period.

"Supporting students at a Title 1 school through this supply collection provides practical resources that help prepare them for the classroom," said Dr. Weston Clary, founder and chiropractor at Clear Chiropractic. "The drive focuses on gathering specific items identified as needed, allowing the practice to contribute directly to the local school community."

"Assisting with community initiatives such as the school supply collection complements the daily operations and educational efforts within the office," added Kathryn, chiropractic assistant at Clear Chiropractic.

Clear Chiropractic has operated since November 2020 under Dr. Clary's leadership. His educational background in medical molecular biology, emergency medical training, and advanced chiropractic certification informs the practice's methods. Team members Kathryn and Cassandra contribute to the operational framework that enables both clinical services and community activities such as the current drive.

The collection period spans approximately two weeks following the July 28 announcement, during which

donations of the listed supplies or cash may be provided at the office. Items range from basic writing materials and art supplies to hygiene and cleaning products, along with backpacks, all directed toward Woodmore Elementary School.

This community effort occurs alongside the practice's regular services centered on spinal health and the application of the torque release technique. Dr. Clary's certification status and professional experience establish the foundation for the care delivered, while the team supports consistent office functions.

Biographical details relevant to the practice highlight Dr. Clary's progression from undergraduate studies through chiropractic training and prior clinical experience. Kathryn's academic preparation in psychology and her transition from patient to staff member in 2022 strengthen educational interactions. Cassandra's role since 2023 aids the coordination of office activities, including support for initiatives like the school supply drive.

The back-to-school collection for Woodmore Elementary School reflects an organized response to identified needs for classroom materials among Title 1 students. By accepting both item and cash donations of the specified supplies, the practice facilitates a direct channel for community contributions during the designated period.

Clear Chiropractic continues its operations with attention to both patient care and community participation. The eight-year trajectory since opening in 2020 includes the application of specialized techniques by its founder and support from the team in maintaining daily functions. The current drive for school supplies at Woodmore Elementary School stands as a specific community activity undertaken in late July and early August.

The practice maintains its focus on the torque release technique as part of its clinical approach while engaging in the collection of educational materials for local students. Team collaboration ensures the coordination of such efforts alongside routine services. Individual responses to care vary, and the supply drive operates independently as a community resource initiative.

Clear Chiropractic functions as a chiropractic practice specializing in the torque release technique under the direction of its founder. The team structure supports both clinical operations and occasional community collections, such as the ongoing back-to-school supply drive directed to Woodmore Elementary School. The list of accepted donations encompasses notebooks, writing instruments, art supplies, erasers, adhesives, hygiene products, cleaning items, specialty paper, and backpacks, available for contribution during the collection window.

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Clear Chiropractic

At Clear Chiropractic, we look to get to the root cause of people's health concern by focusing on how the body functions as a whole.

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