



Dragonfly Medical and Behavioral Health Johnson City Expands Outpatient Rehab Services and Telehealth Access

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Dragonfly Medical and Behavioral Health Johnson City has expanded its slate of outpatient addiction treatment and behavioral health services, adding certified peer recovery specialist support, nursing case management, and broadened telehealth appointment availability for residents across the region.

The clinic, owned by licensed clinical psychologist Alicia Caffrey, PhD, MSCP, MS, and physician Matthew Caffrey, MD, MPH, provides outpatient rehab in Johnson City for individuals managing a range of substance use disorders. Treatment covers opioid addiction through buprenorphine and Suboxone protocols, alcohol addiction, nicotine addiction and smoking cessation, marijuana use, methamphetamine addiction, and kratom abuse. The clinic operates as an outpatient provider rather than a residential or inpatient facility, allowing patients to receive care while maintaining their daily responsibilities.

Alongside medication treatment, the clinic offers individual, couples, family, and group counseling, with group support sessions available both in person and through telehealth. Additional services include certified peer recovery specialist support, nursing services such as medication management and case management, and

urine drug screening. The expanded telehealth options give patients the ability to schedule virtual appointments and work with providers to develop personalized treatment plans.

"Recovery works best when care meets people where they are, and that is why the clinic has broadened both in-person and virtual access," said a representative of DRAGONFLY Medical and Behavioral Health. "Combining medication treatment with counseling, peer recovery support, and nursing services allows patients to build a foundation for lasting health rather than addressing addiction in isolation."

The clinic serves patients as an accredited outpatient rehab facility staffed by experienced clinical professionals. Its model integrates behavioral health, primary care, and substance use treatment under one practice, an approach designed to address co-occurring conditions such as depression, anxiety, and post-traumatic stress disorder alongside addiction. Mental health therapy and counseling remain a central part of the clinic's offerings.

"The addition of certified peer recovery specialists reflects a growing recognition that lived experience plays a meaningful role in the treatment process," the representative added. "Peer support, paired with medical and psychological care, helps patients stay engaged and connected throughout their recovery."

The clinic is currently accepting new patients and offers both in-person and telehealth appointments. Operating hours are Tuesday and Thursday from 11 a.m. to 6 p.m., Wednesday from 12 p.m. to 7 p.m., Friday from 9 a.m. to 11 a.m., and Saturday from 7 a.m. to 4 p.m. The clinic is closed on Sunday and Monday. Individuals seeking treatment information can visit Dragonfly Medical Tennessee for further details on available programs.

Dragonfly Medical and Behavioral Health is a healthcare provider based in Johnson City, Tennessee, offering substance abuse treatment, primary care, telehealth, mental health services, and group support. The practice provides medically supervised treatment, counseling, and support groups for individuals working to overcome addiction, along with routine check-ups, health-risk assessments, screenings, and lifestyle counseling as part of its primary care services. Owned by Alicia Caffrey, PhD, MSCP, MS, and Matthew Caffrey, MD, MPH, the clinic is committed to patient-centered care delivered by a team of experienced and compassionate healthcare professionals.

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For more information about Dragonfly Medical and Behavioral Health Johnson City, contact the company here: Dragonfly Medical and Behavioral Health Johnson City DRAGONFLY Medical and Behavioral Health 423-588-9978 lisaaleis@yahoo.com 102 North Broadway Street, Johnson City, TN 37601

Dragonfly Medical and Behavioral Health Johnson City

Dragonfly Medical and Behavioral Health in Johnson City, TN offers primary care, substance abuse treatment, and counseling services. We welcome TennCare Medicaid and Virginia Medicaid patients. Visit our website for more information.

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