

Kugler Vision Details LASIK Recovery Timeline for Patients in Omaha, Nebraska

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Kugler Vision, a LASIK surgeon located in Omaha, Nebraska, has published a patient education article examining what the LASIK recovery process involves from the first hours after surgery through the third month of healing. The article, titled LASIK Recovery, maps the healing sequence day by day and identifies which visual symptoms are expected during that window and which warrant a call to the surgical team. The publication addresses one of the questions patients most frequently raise before scheduling laser vision correction: how long the recovery actually takes.

According to the article, most patients recover functional vision within 24 hours and return to work and driving the following day, with vision continuing to sharpen over subsequent weeks and stabilizing at approximately three months. LASIK is less than 10 minutes per eye. Because the procedure repositions a thin corneal flap that seals without stitches and leaves the outermost corneal layer largely intact, healing is measured in days rather than weeks. Patients are sent home with a protective shield to wear while sleeping through the first several nights. Patients throughout Omaha, Lincoln, Bellevue, and Council Bluffs seeking laser vision correction also have access to SMILE, PRK, and EVO ICL at the practice when corneal measurements point away from LASIK.

The article catalogs the effects considered typical during the healing period, including temporary dryness, light sensitivity, nighttime halos and glare, and vision that fluctuates between morning and evening. The American Academy of Ophthalmology identifies dry eye as a common temporary effect following LASIK, and the U.S. Food and Drug Administration notes that glare, halos, and dryness are among the symptoms patients may experience while the cornea heals. Kugler Vision attributes the temporary nature of that dryness to screening conducted before surgery. The practice's EyeAnalysis? evaluation measures tear film quality and ocular surface health alongside corneal topography, and patients found to have an underlying ocular surface condition are treated before a procedure is scheduled. Medicated eye drops are used for one to two weeks after surgery on a written schedule prepared for each patient, and artificial tears are recommended in place of rubbing when an eye feels dry or itchy. Follow-up examinations at one day, one week, one month, six months, and one year are standard for laser vision correction patients at the Omaha practice.

Kugler Vision was the first to offer all 7 vision correction procedures in Nebraska. Both of the practice's surgeons are Board Certified Fellows of the World College of Refractive Surgery and Visual Sciences, a credential held by fewer than 3.33% of refractive surgeons nationwide. Kugler Vision has 11 years voted Best of Omaha and has received more than 1,500 5-star reviews.

"Recovery goes best when the procedure was the right one for that eye in the first place," said Dr. Lance Kugler, MD, board-certified ophthalmologist, Fellow of the World College of Refractive Surgery, and founder of Kugler Vision. "Because we were the first practice in Nebraska to offer all seven modern vision correction procedures, we can recommend SMILE or EVO ICL when corneal thickness or tear film measurements point away from LASIK. Matching the procedure to the eye is the first step in a comfortable recovery, and every patient is followed for a full year by the same team that performed the surgery." Dr. Drew Dickson, MD, PCEO, board-certified ophthalmologist and Fellow of the World College of Refractive Surgery at Kugler Vision, also performs all seven vision correction procedures at the practice.

The article outlines when patients may resume specific activities after LASIK. Work, screen use, and driving typically resume on the first day after surgery once visual acuity is confirmed to meet the legal standard. Walking and light activity resume within one to three days, and gym workouts and non-contact sports within three to seven days. Contact sports wait approximately one month, with protective eyewear afterward. Chlorinated pools wait roughly two weeks, and lakes, rivers, and hot tubs wait about a month, because standing and warm water can carry organisms capable of causing a corneal infection while the flap is still sealing. Eye cosmetics resume after one to two weeks, using newly opened products. Kugler Vision is located at 17838 Burke St., Suite 100, Omaha, NE 68118, and driving directions to the practice are available for patients traveling from surrounding communities. The practice has treated patients from 47 states and several countries.

For more information about LASIK, SMILE, EVO ICL, and refractive surgery at Kugler Vision in Omaha, Nebraska, the practice maintains patient education resources at lasikomaha.com and a Google Business Profile listing practice hours, location details, and patient reviews. Kugler Vision continues to publish patient education material covering each of the seven vision correction procedures offered at its Omaha surgical center.

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For more information about Kugler Vision, contact the company here: [Kugler Vision](http://KuglerVision.com)
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Kugler Vision

Kugler Vision is Omaha's leader in custom LASIK Eye Surgery and Laser Vision Correction Procedures. Led by Dr. Lance Kugler, Kugler Vision also provides SMILE, PRK, EVO ICL, Blended LASIK, and Refractive Lens Exchange (RLE) procedures.

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