



Waite Vision Publishes Patient Guidance on EVO ICL and Sinus Surgery Timing in Lehi, Utah

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Waite Vision, a LASIK surgeon practice located in Lehi, Utah, has published a new educational article examining how EVO ICL surgery and sinus surgery should be sequenced when a patient needs both. The practice provides EVO ICL, LASIK, SMILE, PRK, and Refractive Lens Exchange to patients throughout Utah. The article, titled "EVO ICL and Sinus Surgery: What's Safe and What to Ask Your Surgeon," addresses recovery timelines, the questions patients can raise with both an ophthalmologist and an ear, nose, and throat surgeon, and the coordination involved when two procedures fall in adjacent areas of the head.

The topic sits at an intersection that receives limited attention in patient education materials. Sinus procedures and refractive procedures are typically scheduled by separate specialists who may not be aware of one another's plans. According to the article, the eye and the nasal passages are located in close proximity, and inflammation or bacteria associated with sinus surgery can interact with the healing of a phakic intraocular lens implant. The article states that Waite Vision advises patients to wait until healing of the eye is confirmed as complete, generally about four weeks, before undergoing another procedure in the same region of the face.

Patients across Lehi, Salt Lake City, Provo, and Utah County who are evaluated for EVO ICL receive a complete eye examination to determine candidacy. EVO ICL involves a phakic intraocular lens positioned behind the iris, which corrects refractive error without removing corneal tissue and can be removed or replaced by the surgeon if circumstances change. Patients in Salt Lake City, Utah County and Provo considering EVO ICL vision correction may also be evaluated for LASIK, SMILE, or PRK. Refractive Lens Exchange is available to patients who are experiencing presbyopia. The article notes that EVO ICL received approval from the U.S. Food and Drug Administration following clinical trials evaluating the lens for the correction of myopia and myopia with astigmatism, and that the procedure preserves the natural moisture balance of the eye by leaving corneal tissue intact.

The article outlines specific questions patients can bring to each surgeon. For the ophthalmologist, these include how long to wait before scheduling a sinus procedure, which eye drop medications should continue during that interval, and which symptoms, such as glare, eye pain, or a sensation of pressure, warrant a prompt follow-up appointment. For the ENT surgeon, the article recommends disclosing the presence of an implanted lens, asking whether that lens changes the surgical plan, and reviewing whether the medications or anesthesia involved could affect eye healing. The article also addresses standard sinus surgery preparation, including the review of blood thinners, NSAIDs, and herbal supplements, and imaging such as CT scans. It notes that an implanted ICL does not itself create complications for sinus surgery, and that the concern relates to timing and healing rather than to any conflict between the two procedures.

"Patients rarely think to tell an ENT surgeon about an eye procedure, or to tell an eye surgeon about a scheduled sinus operation, because the two feel unrelated," said Dr. Aaron Waite, MD, fellowship-trained, board-certified ophthalmologist and founder of Waite Vision. "The anatomy says otherwise. What we want patients to take from this article is a short list of questions they can raise with both specialists, so the sequencing gets decided deliberately rather than by whichever appointment happens to come first." Dr. Waite completed fellowship training in cornea, external disease, and refractive surgery at the University of Colorado School of Medicine and is board certified by the American Board of Ophthalmology. He previously served as Director of Cornea, Cataract, and Refractive Surgery at the University of Tennessee Hamilton Eye Institute and is a clinical faculty member at the University of Utah Moran Eye Center. His research has appeared in the Journal of Cataract and Refractive Surgery and the American Journal of Ophthalmology.

Waite Vision is located at 3333 N Digital Drive, Suite 300, Lehi, UT 84043, and serves patients in Lehi, Salt Lake City, Provo, and Utah County. The office sits within the Lehi technology corridor along Interstate 15, placing it within reach of patients traveling from both Salt Lake County and Utah County for EVO ICL and laser vision correction consultations. Driving directions from central Utah to the Lehi office are available through Google Maps, and the office can be reached by telephone at 801-876-6000. Office hours are Monday through Friday, 8:00 a.m. to 5:00 p.m.

For additional information about EVO ICL and laser vision correction at Waite Vision in Lehi, Utah, the practice website is located at waitevision.com, and the practice listing on Google Maps includes location, hours, and contact details. Waite Vision plans to continue publishing educational material addressing questions that arise when refractive surgery overlaps with care delivered by other specialties.

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For more information about Waite Vision, contact the company here: Waite Vision Jen Martin (801) 876-6000 info@waitevision.com 3333 Digital Dr #300 Lehi, UT 84043

Waite Vision

Waite Vision is superior vision correction center built around you. You have options, including LASIK, SMILE, PRK, ICLs, Refractive Lens Exchange and Corneal Cross-Linking. Let's make blurry vision a thing of the past, so you can live life in focus.

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