



Las Vegas Eye Institute Addresses Patient Questions About LASIK and Migraine Triggers in Las Vegas, Nevada

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Las Vegas Eye Institute, a LASIK surgeon located in Las Vegas, Nevada, has published a patient education resource that answers the questions patients most frequently raise about laser vision correction and migraine symptoms. The practice provides LASIK, SMILE, and cataract surgery to patients across the Las Vegas area. The resource, titled "Can LASIK Help with Migraines?", is organized as a series of direct patient questions and answers rather than as a general overview of the procedure.

The resource opens with an unambiguous statement that LASIK is not a treatment for migraines. It notes that although some patients report fewer headaches following the procedure, those reports are anecdotal and are not supported by scientific evidence. The stated purpose of the material is to separate what LASIK addresses, which is refractive error, from what it does not address, which is the underlying neurological mechanism of migraine. Patients in Las Vegas and Henderson who are considering LASIK for reasons connected to headache symptoms are directed to raise those concerns with an ophthalmologist and, where migraines are a significant medical concern, with a neurologist as well.

Several of the questions concern terminology. The resource distinguishes visual migraines from ocular migraines, two terms it notes are often used interchangeably despite describing different conditions. Visual migraines, also called migraines with aura, typically affect both eyes and involve disturbances such as zig-zagging light patterns and flickering blind spots. Ocular migraines generally affect a single eye and produce temporary visual disruption that commonly resolves within 30 minutes to an hour, which the resource attributes to changes in blood flow or spasms in the blood vessels serving the retina. Las Vegas Eye Institute performs LASIK and SMILE for patients in Las Vegas, Henderson, North Las Vegas, and Summerlin, and provides cataract surgery with premium lens options, including toric and multifocal implants, to residents of the same communities.

Other questions address astigmatism, which the resource identifies as a source of eye strain and blurred vision that may act as a headache trigger for some individuals, along with light sensitivity during the healing period and discomfort associated with eyeglass frames or contact lenses. In each case the material frames laser vision correction as a procedure that may reduce or eliminate dependence on glasses and contacts and address vision-related triggers, rather than as a procedure that treats migraine. Triggers without a visual component, including diet, stress, and sleep patterns, are described as falling outside what vision correction can influence. The resource also states that LASIK is not known to worsen migraines over the long term, while noting that temporary headaches and light sensitivity can occur during recovery.

“Patients ask this question often enough that it deserved a direct answer rather than a vague one,” said Matthew Swanic, MD, board-certified ophthalmologist, UCLA fellowship-trained cornea and refractive surgery specialist, and founder of Las Vegas Eye Institute. “LASIK corrects refractive error. When headaches are connected to eye strain from an uncorrected prescription, correcting that prescription may change the picture for that patient. When the headaches originate neurologically, LASIK will not affect them. A consultation is the place to establish which of those situations applies, and that determination has to happen before a patient makes any decision about surgery.”

Swanic completed fellowship training in cornea and refractive surgery at UCLA’s Jules Stein Eye Institute and residency at Tufts Medical Center in Boston. He is board certified in ophthalmology and is a member of the American Academy of Ophthalmology, the American Society of Cataract and Refractive Surgery, and the Refractive Surgery Alliance. He has participated in more than 20 clinical trials, established Las Vegas Eye Institute in 2013, and underwent laser vision correction himself in 2010. A native Las Vegas, Swanic was named a Nextdoor Neighborhood Favorite in 2021 and 2024.

Las Vegas Eye Institute is located at 10521 Jeffreys St STE 101, Henderson, NV 89052, and serves patients throughout Las Vegas, Henderson, North Las Vegas, and Summerlin. Driving directions from Las Vegas are available through Google Maps. The office is open Monday through Friday from 8:00 a.m. to 5:00 p.m. and can be reached at 702-816-2525. Complimentary consultations are available for patients evaluating LASIK,

SMILE, and other laser vision correction options.

For more information about LASIK at Las Vegas Eye Institute in Las Vegas, Nevada, the practice maintains a patient education library at lasvegaseyeinstitute.com and a Google Business Profile listing hours, location, and contact details. Las Vegas Eye Institute continues to publish question-and-answer material on LASIK, SMILE, and cataract surgery for patients researching vision correction in Las Vegas and the surrounding communities.

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For more information about Las Vegas Eye Institute, contact the company here: Las Vegas Eye Institute Dr. Matthew Swanic (702) 816-2525 lasik@lasvegaseyeinstitute.com 10521 Jeffreys St STE 101 Henderson NV 89052

Las Vegas Eye Institute

Website: <https://lasvegaseyeinstitute.com/>

Email: lasik@lasvegaseyeinstitute.com

Phone: (702) 816-2525

