



AMARA Subway Publishes Teacher Appreciation Lunch Planning Guide

August 25, 2026

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AMARA Subway's new Teacher Appreciation Week lunch planning guide helps PTA leaders, room parents, administrators, and other school organizers coordinate staff meals across Cobb County. Released June 30, 2026, the resource provides a practical framework for confirming headcounts, collecting dietary requests, scheduling the order, and distributing lunches during a busy school day.

Teacher Appreciation Week is observed during the first full week of May. The guide explains that a school staff lunch can be more complicated than a typical group meal because teachers and support employees may have short lunch periods, supervise students, eat at different times, or remain at their desks. A plan that accounts for those constraints can make the event easier for both volunteers and staff.

"School staff often have short lunch periods, so organizers need a plan that keeps distribution simple and accounts for everyone working in the building," said AMARA Subway Marketing Director Alex Laldin. "The new resource gives school groups a clear way to consider headcounts, dietary requests, and timing before

the event.?

Accurate meal counts are the first step. The article advises coordinators to count more than certified teachers. Paraprofessionals, administrators, front-office employees, custodial staff, food-service employees, and other support team members may also be included in the appreciation event. Confirming the final number with the school office is more reliable than estimating from student enrollment or faculty listings.

After establishing the likely attendance, the guide recommends adding a 15 percent buffer for unexpected guests, late responses, or counting changes. That buffer is presented as a planning suggestion rather than a fixed requirement. Organizers can adjust it based on the school's confirmed staff total, budget, and experience with prior events.

Dietary requests should also be collected before the final order is placed. The resource suggests asking for this information about one week ahead so coordinators have time to identify vegetarian selections and other food considerations. Gathering requests early is more manageable than trying to make substitutions during distribution.

The article offers a simple planning timeline: confirm the staff count two to three weeks before the lunch, collect dietary information about one week in advance, and finalize the order with enough time to coordinate pickup or delivery. AMARA Subway requires at least 24 hours' notice for catering orders, but the guide recommends two to three days for school events with fixed schedules.

For groups considering AMARA Subway box lunches, each meal includes a freshly made sub, an individual bag of chips, and a cookie. Vegetarian options are available from the catering menu and can be requested when the order is placed. Individual packaging can simplify distribution in a staff lounge, media center, conference room, or other designated area without requiring warming trays, serving utensils, or a staffed buffet line.

School size also affects the order. Elementary, middle, and high schools can have very different staffing levels, and the total may include employees who are not visible in classroom counts. Using the school's current staff number gives organizers a better basis for setting the order quantity and budget.

Timing remains important on the day of the event. Individually packaged lunches can be arranged in a designated pickup area so employees can collect meals during their assigned breaks. Clear labels and an organized distribution table can help reduce delays when several lunch periods overlap.

Pickup is available through six AMARA Subway locations serving west and north Cobb County, including Acworth, Kennesaw, Marietta, and Powder Springs. Delivery is available for qualifying catering orders. The

guide encourages organizers to confirm timing and access details in advance, especially when a driver must enter a secured campus or deliver within a narrow school-day window.

By publishing the resource, AMARA Subway is giving Cobb County school groups a repeatable checklist for Teacher Appreciation Week lunches. The emphasis is on practical preparation: count everyone, collect requests, leave enough lead time, and choose a format that works across multiple staff schedules.

AMARA Subway is a family-owned operator of six Subway restaurant locations across west and north Cobb County, Georgia. The company provides restaurant service and catering for school programs, office lunches, events, and group meals in Acworth, Kennesaw, Marietta, Powder Springs, and surrounding communities.

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AMARA Subway

AMARA Subway is dedicated to serving fresh, delicious meals with friendly service while creating a welcoming experience for every guest.

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