



AMARA Subway Releases Guide to Sandwich Platters for Events

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AMARA Subway's new guide to sandwich platters for parties and events helps Cobb County organizers estimate quantities and choose between shared trays and individually packaged lunches. Released July 14, 2026, the resource explains serving sizes, advance ordering, pickup, delivery, and practical planning considerations for workplace meetings, family gatherings, school functions, team events, and community programs.

A standard Subway catering platter from AMARA Subway contains five footlong sandwiches cut into thirds, creating 15 portions. When guests eat two to three pieces each, one tray may serve approximately five to nine people. The actual number depends on appetite, the length of the event, and whether organizers are also serving appetizers, sides, desserts, or other food.

"Planning food for a group often starts with knowing how much is needed and which serving format works best for the occasion," said Alex Laldin, marketing director at AMARA Subway. "This resource brings the

main details together so event organizers can make informed choices before placing an order.?

For events where sandwiches will be the main meal, the guide suggests planning about one platter for every five to seven attendees. A gathering of 10 to 15 people may need approximately two platters, while a group of 20 to 30 may need about four. Those figures are planning ranges rather than guarantees, and organizers should adjust for the guest list and any additional food being served.

The article also compares sandwich platters with box lunches. Shared trays can work well for casual or buffet-style events because attendees can select their own portions and try different sandwich choices. They may suit birthday parties, office celebrations, open houses, workshops, church gatherings, and other events where guests move through a serving area.

Individually packaged meals may be more practical for structured meetings, classroom events, athletic travel, or seated functions where organizers need a clear count or want dietary selections labeled in advance. For some events, combining both formats can provide a shared option for most guests while reserving individual meals for specific requests.

AMARA Subway states that there is no minimum platter count. Customers can arrange pickup for catering orders of any size at one of the company's six Cobb County locations. The company recommends placing orders at least 24 hours ahead and allowing 48 hours for requests involving 10 or more platters. More notice gives the restaurant time to confirm the requested assortment and coordinate preparation with the event schedule.

Delivery is available for catering orders totaling at least \$250. Orders below that threshold can be picked up from a participating location. The guide encourages planners to identify the event date, expected attendance, desired pickup or delivery time, number of platters, and preferred sandwich assortment before ordering. Having those details ready can reduce last-minute changes and make it easier to select the correct format.

The resource also reminds organizers that serving estimates should account for the entire menu. A lunch built mainly around sandwiches will generally require more platter portions per guest than a reception with several appetizers or a party with multiple entrées. Children, athletes, and mixed-age groups may also have different serving needs. Using a range allows planners to make a more realistic decision than relying on a single fixed number.

With the new guide, AMARA Subway aims to answer the most common questions before an organizer places a catering order. The article gives Cobb County customers a practical reference for portion planning while clearly explaining how shared platters differ from boxed lunches.

AMARA Subway operates six Subway locations across west and north Cobb County, including restaurants serving Acworth, Kennesaw, Marietta, and Powder Springs. Its local restaurants provide sandwich platters and box lunches for office meals, school activities, parties, and other group events, with pickup and qualifying delivery options available.

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AMARA Subway

AMARA Subway is dedicated to serving fresh, delicious meals with friendly service while creating a welcoming experience for every guest.

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