



Universal Wellness Roscoe Village Continues to Provide Chiropractic Care for Car Accident Injuries in Cook County, IL

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Universal Wellness Roscoe Village continues to provide chiropractic care for car accidents in Cook County, IL as part of its established services for patients managing effects of motor vehicle collisions. The clinic in Chicago's Roscoe Village neighborhood evaluates common post-accident presentations and develops individualized plans based on clinical findings.

Conditions addressed include whiplash-related neck stiffness, headaches, and dizziness; spinal and soft-tissue concerns that may limit mobility; back pain associated with collision forces; and symptoms such as numbness or tingling. Evaluation typically begins with a detailed history and physical assessment. Digital X-rays are obtained when clinically indicated to assist in identifying structural findings relevant to the patient's presentation. Care plans may incorporate spinal adjustments, corrective exercises, and, in selected cases, SoftWave Therapy as a complementary modality.

Clinic materials describe spinal adjustments as intended to support joint function and the body's recovery processes. SoftWave Therapy is described as an acoustic-wave approach applied for inflammation support and tissue-related recovery in appropriate situations. Individual responses to care vary, and evaluation after a collision may include referral for medical or emergency assessment when clinically indicated.

Research on chiropractic approaches to neck pain and whiplash-associated disorders includes positive findings. A retrospective study published in *Injury* (Woodward et al., 1996) examined 28 patients referred with chronic whiplash syndrome and reported that 26 of the 28 (93 percent) showed improvement after chiropractic treatment, as measured by the Gargan and Bannister symptom classification. The authors noted that the results were encouraging and recommended further prospective research. Additional systematic reviews and clinical reports have documented reductions in pain and improvements in cervical range of motion associated with spinal manipulative therapy for certain acute and subacute neck-pain presentations.

Dr. John Reuter, DC, founder and chiropractor at Universal Wellness Roscoe Village, described the clinic's post-collision process. "Assessment after a car accident centers on identifying factors that may affect spinal and soft-tissue function so care can be directed toward supporting recovery and mobility" said Dr. Reuter.

Bryan, SoftWave technician at Universal Wellness Roscoe Village, addressed complementary options. "SoftWave Therapy can be included in selected plans for patients recovering from car-accident injuries when tissue support is indicated alongside other methods" said Bryan.

Dr. Reuter was raised in the Chicagoland area and developed an interest in chiropractic after personal experiences with care beginning in his early teens. He completed undergraduate studies in kinesiology and pre-chiropractic at the University of Wisconsin-Eau Claire and earned his Doctor of Chiropractic degree from Life University in Georgia. He founded the clinic in October 2021.

The team supporting patient care includes Bryan, who holds a Bachelor of Science in Kinesiology and is trained in SoftWave Therapy and limited-scope X-ray technology; Litzy Gomez, a chiropractic assistant with prior EMT experience; and Jasmine Cervantes, office manager with extensive patient-coordination background.

First visits focus on thorough assessment to inform plans that may combine adjustments, movement recommendations, and selected supportive therapies. Progress is reviewed over time. The clinic also offers general chiropractic adjustments, care for back and neck concerns, sports-injury support, wellness services, and posture guidance. Education on spinal health forms part of the process for patients recovering from accidents.

Universal Wellness Roscoe Village maintains its established focus on evaluation and care for post-accident

presentations using non-invasive methods tailored to individual findings. Approaches draw on the clinic's overall service descriptions and the professional experience of its practitioners.

Universal Wellness Roscoe Village continues its established chiropractic services for car-accident-related injuries. The release outlines evaluation and care approaches, references positive published findings including a retrospective study reporting 93 percent improvement in a group of chronic whiplash patients, and notes that individual outcomes vary. Content is based on clinic website information and publicly available clinical literature.

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Universal Wellness Roscoe Village

Whether you're seeking relief from chronic pain, recovering from an injury, or simply looking to maintain a healthy lifestyle, our team at Universal Wellness Roscoe Village is here to help you every step of the way.

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