



Deborah Gess Ristvedt, DO, Performs Advanced Cataract Surgery and Participates in Intraocular Lens Clinical Trials at Vance Thompson Vision in Alexandria, Minnesota

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Vance Thompson Vision, an ophthalmology practice located at 2600 Jefferson St. in Alexandria, Minnesota, provides advanced cataract surgery under the direction of Deborah Gess Ristvedt, DO. Dr. Ristvedt is a board-certified ophthalmologist and a third-generation eye surgeon whose family has served the Alexandria community since 1975, when her grandfather, Lowell Gess, opened the original Alexandria clinic after returning from medical mission work in Sierra Leone. Her clinical background, specialties, and research activity are documented on the practice's physician page, "Deborah Gess Ristvedt, DO," which outlines her training, areas of focus, and active role in vision research.

Advanced cataract surgery at Vance Thompson Vision ? Alexandria is available to residents of Alexandria, Fergus Falls, Morris, Glenwood, and Detroit Lakes. Advanced cataract surgery, also described on the Vance Thompson Vision website as refractive cataract surgery, removes a patient's cloudy natural lens and replaces it with a clear intraocular lens implant. At the Alexandria location, Dr. Ristvedt evaluates candidates for a

range of implant options, including monofocal lenses set to a single focal distance and premium intraocular lenses designed to reduce dependence on glasses and contacts after cataract surgery. The Alexandria practice also screens for and treats dry eye disease prior to cataract surgery, which can affect preoperative biometry and postoperative refractive results.

Cataract surgery at the Alexandria location is performed as an outpatient procedure that typically takes approximately 15 minutes per eye, with each eye scheduled on a separate day. The procedure uses microscopic incisions, ultrasonic energy to break up the cloudy natural lens, and insertion of a new intraocular lens implant. Most patients resume normal activities within one to two days following surgery.

In addition to her surgical practice in Alexandria, Dr. Ristvedt serves as principal investigator on multiple FDA-monitored clinical trials involving intraocular lenses and cataract-related technologies. Her principal investigator assignments include studies of the RxSight Light Adjustable Lens, the Alcon Clareon Vivuity and Clareon PanOptix presbyopia-correcting IOLs, the Bausch + Lomb enVista Aspire and enVista Beyond intraocular lenses, the Rayner RayOne Galaxy spiral IOL, the BVI FINEVISION HP Trifocal IOL, and a phase 3 trial of MELT-300 for procedural sedation during cataract extraction with lens replacement. Vance Thompson Vision has participated in clinical trials evaluating several technologies used in advanced cataract surgery today and continues to conduct research in the field.

Dr. Ristvedt completed her ophthalmology residency with Genesys Regional Medical Center and Michigan State University College of Osteopathic Medicine in Grand Blanc, Michigan, where she served as Chief Ophthalmology Resident. She earned her Doctor of Osteopathic Medicine degree from Des Moines University College of Osteopathic Medicine. Dr. Ristvedt is a member of the American Society of Cataract and Refractive Surgery (ASCRS) Glaucoma Clinical Committee, a member of the American Academy of Ophthalmology, and a board member of the Central Global Vision Fund. She has presented at the Hawaiian Eye meeting in 2021 and 2022 and has published on glaucoma surgical techniques, including 12-month outcomes of ab-externo gel stent placement and combined ab-interno canaloplasty and trabeculotomy procedures.

"Advanced cataract surgery has changed significantly in the last decade, and participating in clinical trials as an investigator gives me direct, hands-on experience with newer intraocular lens options before they reach wider use," said Deborah Gess Ristvedt, DO, board-certified ophthalmologist Vance Thompson Vision ? Alexandria. "My grandfather opened this clinic in 1975 after medical mission work in Sierra Leone, and my father practiced here after him. Three generations later, I have the opportunity to offer cataract patients in west-central Minnesota the continuity of a community practice combined with access to current ophthalmic research."

For more information about advanced cataract surgery at Vance Thompson Vision in Alexandria, Minnesota, and about Dr. Ristvedt's training, specialties, and clinical research, visit Dr. Ristvedt's physician profile. The Google Business Profile for Vance Thompson Vision ? Alexandria is also available online. Dr. Ristvedt continues to see cataract patients at the Alexandria location, serve as principal investigator on intraocular lens clinical trials, and provide ongoing ophthalmology care in the Alexandria community.

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For more information about Vance Thompson Vision - Alexandria, contact the company here: Vance Thompson Vision - Alexandria Vance Thompson Vision (320) 762-2166 info@vancethompsonvision.com 2600 Jefferson St, Alexandria, MN 56308

Vance Thompson Vision - Alexandria

Vance Thompson Vision are world leaders in quality vision correction and patient care in ophthalmology. We specialize in vision surgery and treatment with a specific focus on LASIK, refractive cataract surgery, glaucoma, cornea care, and oculoplastics.

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