

NurseRegistry Publishes Guide to Help Families Talk to an Aging Parent About Home Nursing Care

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SANTA MONICA, CA - November 03, 2026 -
NurseRegistry has released a new resource addressing one of the most difficult conversations adult children face with elderly loved ones: introducing professional support at home. The guide, titled How to Talk to an Aging Parent About In Home Nursing Care, outlines practical strategies for families navigating this sensitive transition while preserving the dignity and independence of senior parents.

The resource, authored by a registered nurse, was developed in response to the emotional and logistical challenges families encounter when a parent's health needs begin to change. It examines the common barriers that cause seniors to resist help, including the fear of losing independence, concerns about privacy, and the worry of becoming a burden to their children.

The guide encourages families to begin discussions early and to treat them as ongoing dialogues rather than one-time interventions. According to the resource, choosing a calm moment away from family gatherings or health crises allows for more thoughtful planning. It also recommends starting small by introducing

non-personal tasks first, which can help build trust and ease a parent into the idea of accepting care.

Josh Pangan, CEO of NurseRegistry in California, said the resource was created to fill a gap many families face. "Adult children often tell our coordination team that they simply do not know how to begin the conversation," Pangan said. "This guide gives families a framework rooted in empathy and respect, so the discussion feels like a partnership rather than a loss of control for the parent."

The resource also addresses collaborative decision-making, suggesting that parents be involved in selecting caregivers and setting care schedules. It notes that involving a trusted physician or geriatric care manager can provide an objective perspective that eases family tension. For situations where resistance continues after services begin, the guide recommends regular check-ins and adjustments to the care plan based on feedback.

Beyond the conversation itself, the resource outlines the practical benefits of professional support at home. It explains how in-home nursing care can help seniors maintain familiar routines while receiving necessary medical attention, and how it can reduce burnout among family members who have taken on caregiving responsibilities.

"When families have the right information, the conversation becomes far less daunting," Pangan added. "The goal is always to support the parent's quality of life while giving the whole family peace of mind."

The guide reflects NurseRegistry's broader approach to connecting families with licensed nurses matched to specific needs, including post-operative recovery, medication management, and around-the-clock support.

NurseRegistry is a provider of skilled nurses in California and Southern Florida, offering private nursing, healthcare staffing, and home health support. The company matches clients with licensed Registered Nurses and Licensed Vocational Nurses/Licensed Practical Nurses experienced in a range of specialties, with flexible scheduling from short visits to continuous care. NurseRegistry operates on a private pay basis and maintains a coordination team available at all hours.

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NurseRegistry - Santa Monica

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