



Carolina Recovery Expands Raleigh Substance Abuse Care

August 28, 2026

August 28, 2026 -

Recovery Center of the Carolinas announced the availability of its comprehensive substance abuse treatment services at its Raleigh, North Carolina facility, offering Wake County residents a full continuum of evidence-based, compassionate care for individuals experiencing addiction. The announcement comes as North Carolina strengthens its public health response to substance use disorder across the state.

North Carolina DHHS estimates that approximately 1.4 million North Carolinians, about one in every six adults in the state, experiences a substance use disorder. The same data shows that while North Carolina recorded an estimated peak of 12 overdose deaths per day in 2023, projected 2025 figures show approximately 8 overdose deaths per day, a meaningful statewide decline that reflects increased treatment access, expanded naloxone distribution, and growing enrollment in medication-assisted treatment programs. At the county level, Wake County established a dedicated Behavioral Health Department in December 2024 in response to a more than 40 percent rise in emergency room visits for mental health and substance use concerns over the preceding five years, a structural investment reflecting the county's recognition of substance use disorder as a public health priority requiring coordinated, community-level response.

Against this backdrop, the Carolina Recovery Raleigh Substance Abuse Treatment Center provides a full continuum of care at its Raleigh facility, including medically supervised detox, inpatient residential treatment, outpatient programs, and medication-assisted treatment using buprenorphine and methadone. The center serves individuals experiencing alcohol use disorder, opioid use disorder, and other substance use disorders through individualized, evidence-based treatment plans developed by a multidisciplinary team of medical professionals, licensed therapists, and certified counselors.

Medication-assisted treatment has become widely recognized as the clinical standard for opioid use disorder. North Carolina's Opioid Treatment Programs served 31,641 individuals in 2024, a 25 percent increase in enrollment since 2019, reflecting both the growing recognition of medication-assisted treatment and the expanding availability of these services in Wake County, where the facility provides buprenorphine and methadone alongside behavioral therapy as an integrated approach.

The center also addresses co-occurring mental health conditions, including depression, anxiety, trauma, and PTSD, as an integrated component of substance abuse treatment. Unaddressed mental health disorders are among the most significant predictors of relapse, and effective long-term recovery requires simultaneous treatment of both the substance use disorder and any underlying mental health conditions.

"Wake County's decision to establish a dedicated Behavioral Health Department reflects how seriously the community now treats substance use disorder as a health issue rather than a moral failing," said a spokesperson for Recovery Center of the Carolinas. "An integrated model that combines medication-assisted treatment with behavioral therapy and dual-diagnosis mental health care produces the long-term outcomes that individuals, families, and the broader community benefit from. Recovery is possible, and the first step is simply reaching out."

Wake County Government lists Recovery Center of the Carolinas as a community treatment resource providing rehabilitation services for alcohol, drug, and opiate addictions in the Raleigh area. As a Raleigh Substance Abuse Treatment Center, the facility accepts insurance and provides individualized assessments to help individuals and families identify the level of care that best matches their situation and recovery goals.

Recovery Center of the Carolinas is a substance abuse treatment center serving Raleigh, Durham, Fayetteville, and the surrounding North Carolina communities. The facility provides medically supervised detox, inpatient residential treatment, outpatient programs, medication-assisted treatment, and dual-diagnosis mental health services. The center accepts insurance and offers individualized assessments to help

individuals and families find the right level of care.

###

For more information about Durham Recovery Center, contact the company here: Durham Recovery Center Durham Recovery Center +19842054708 info@recoverycentercarolinas.com 112 S Duke St Suite 1, Durham, NC 27701

Durham Recovery Center

Website: <https://recoverycentercarolinas.com/>

Email: info@recoverycentercarolinas.com

Phone: +19842054708

