# Awaken Chiropractic Voted Gainesville?s Favorite Local Chiropractor in Our Town Faves

*September 01, 2026*

GAINESVILLE, FL - September 01, 2026 -
Awaken Chiropractic has been named Gainesville's Favorite Local Chiropractor in the Our Town Faves community vote. The recognition comes from a public nomination and voting process rather than a panel of judges or an editorial board. The practice, led by Dr. Shane Semegon and Dr. Brittany Semegon, received the designation after residents nominated locally owned businesses and later voted among finalists in each category.

Our Town Faves describes its program as a way for residents to identify businesses they associate with their towns. In the nomination phase, any name, business, or place may be submitted, with a limit of one nomination per category per day. In the final voting phase, participants may vote once per category per day for one of the top five nominees or submit a write-in selection. A valid email address is required to vote. The organization states that email addresses are collected for accuracy and security and are not sold. Because the outcome depends on repeated public participation, the result records community preference rather than a clinical ranking or professional accreditation.

Dr. Shane Semegon and Dr. Brittany Semegon grew up in the community they now serve. Both completed undergraduate studies at the University of Florida and earned Doctor of Chiropractic degrees at Palmer College of Chiropractic Florida, where they received training in neurologically based chiropractic care. After graduation, they practiced at Cornerstone Family Chiropractic in Alabama. That office has been described as the largest chiropractic practice in the state and one of the larger pediatric offices in the Southeastern United States. Their work there centered on family-focused care before they returned to open a neurologically based practice.

The practice provides spinal re-alignments and related assessments for patients of all ages, from infants to seniors. Typical new-patient visits include consultation, examination, a report of findings, and imaging when clinically indicated. Care plans may include adjustments, corrective exercises, and lifestyle recommendations

based on each patient?s presentation. The team describes its methods as science-backed, ethical, and principled, and presents chiropractic care as complementary to other forms of health management rather than a replacement for medical treatment.

Dr. Sarah Hull is also part of the clinical team. She graduated from Palmer College of Chiropractic in Port Orange, Florida, and previously practiced in family-focused settings in New York and Indiana. She holds Webster Technique certification through the International Chiropractic Pediatric Association. Office operations are supported by Lilli Anne Rowland. The practice has also noted community-facing activity, including family-oriented events and pediatric outreach during designated periods such as Kids? Month.

Dr. Shane Semegon addressed the vote in relation to the practice?s daily work. ?This community vote reflects relationships formed through clinical care and the practice?s connection to the area where the doctors were raised,? said Dr. Shane Semegon, chiropractor at Awaken Chiropractic.

?We are grateful to everyone in the community who took the time to nominate and vote for us,? said Dr. Brittany Semegon, chiropractor at Awaken Chiropractic. ?Being recognized by the people we serve makes this meaningful to our entire team, especially because this is the community we are proud to call home.?

Dr. Shane Semegon has cited his upbringing in a chiropractic family as an influence on his career. He has described observing specific adjustments used for a range of concerns and later pursuing scientific, principled methods. Dr. Brittany Semegon has discussed her own experience with chiropractic care during pregnancy. The couple has a daughter, Juniper. Those backgrounds are part of the public narrative the practice uses to explain its emphasis on family care, including pediatric and maternal services.

The practice mission is to provide chiropractic care and tools intended to support health and wellness over a lifetime. Its published materials state that spinal re-alignments are used to address factors that may affect nervous system communication and physical function. Educational content on the practice website covers topics such as neck and back pain, headaches, and pediatric considerations, and references organizations such as the International Chiropractic Pediatric Association. Those materials present general information rather than guarantees of specific outcomes for any individual.

The Our Town Faves result does not alter licensing requirements or clinical standards. Chiropractors remain subject to state regulation, and patient care continues to depend on examination findings and professional judgment. The vote simply records that residents selected the practice in the Favorite Local Chiropractor category through the published nomination and voting rules.

Community recognition of this type often follows years of local practice rather than a single event. The founders? return after work in a high-volume pediatric office, the addition of clinicians with similar training,

and ongoing family-oriented programming form the context in which the vote occurred. The practice continues to offer assessments and adjustments according to its established protocols, with plans individualized after consultation and examination.

Awaken Chiropractic remains a chiropractic practice dedicated to neurologically based care for patients of all ages. Founded by Dr. Shane Semegon and Dr. Brittany Semegon, the team provides spinal re-alignments and wellness support informed by accredited training and experience in family and pediatric settings. The Our Town Faves designation documents a community-choice outcome in the Favorite Local Chiropractor category.

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For more information about Awaken Chiropractic, contact the company here:Awaken ChiropracticDr. Shane Semegon(352) 558-3032nfo@awakenmyhealth.com2321 NW 41 St B, Gainesville, FL 32606

**Awaken Chiropractic**

*Our team of experienced chiropractic care professionals in Gainesville, FL are here to make sure that you have the best experience possible. To*

Website: https://awakenmyhealth.com

Email: nfo@awakenmyhealth.com

Phone: (352) 558-3032

